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# The Bridgend & Porthcawl GEM

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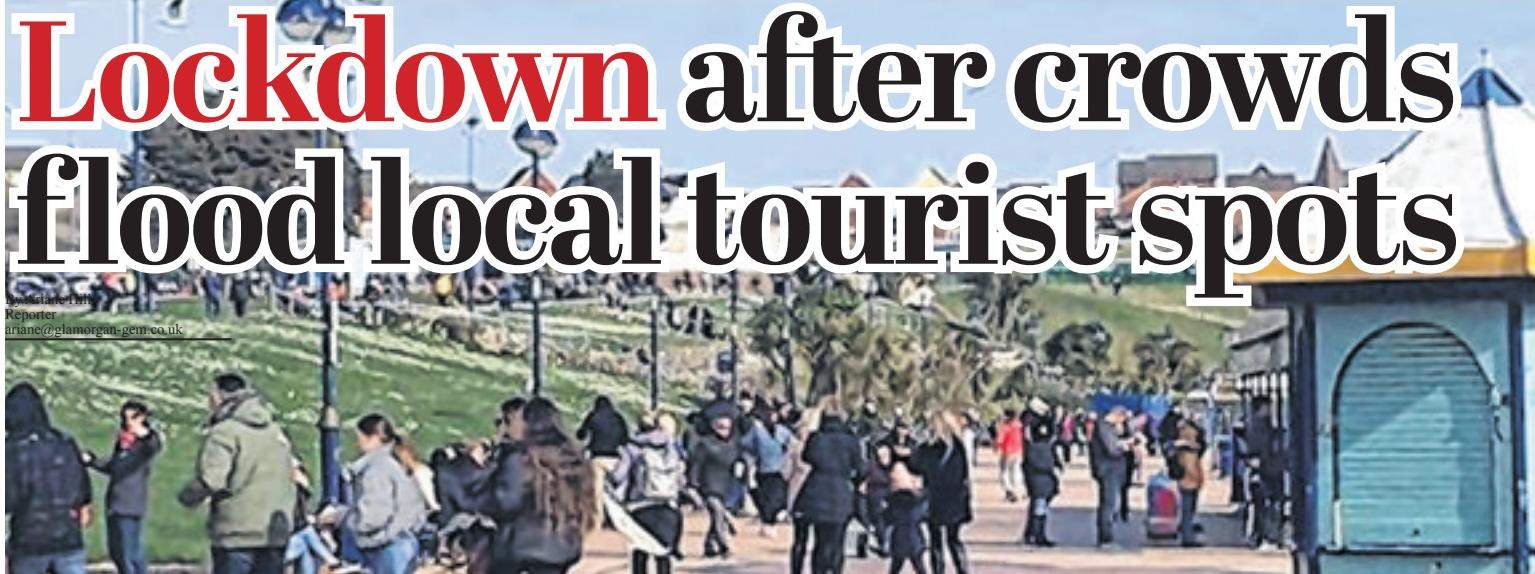
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PICTURED ABOVE: Crowds of people enjoying Barry Island before the introduced stricter measures

WALES is in lockdown with the rest of the UK only days after crowds descended upon Welsh tourist attractions.

Thousands of people arrived at hot spots such as Barry Island and Porthcawl to enjoy the sea, the beach and fast food, despite UK Government advice regarding social distancing.

Despite shops across the country closing and

ghostly quiet streets, many still tried to visit areas – standing in crowds or queues and less than a metre from each other over the weekend.

On Monday, March 23, Prime Minister Boris Johnson appeared before the nation to warn of the new and stricter measures to try to tackle Covid-19 including only leaving the house for necessities and one activity of exercise.

■ Story continued on page 5 and see pages 13, 14, 15 and 16 for The Gem's guide to help you cope with self-isolation



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The Tasty Place

# A word from our editor

As a new editor I'm something of a Johnny come lately to the Glamorgan Gem family, but the one thing I have learned over my few months at the Cowbridge office is that the team here, is dedicated to bringing local news to the community it serves week after week.

This makes the current crisis all the more difficult as people find it harder and harder to pick up their copy of the Gem however, the good news is that you can access it every week online and, like our print edition, it is completely free.

Simply go to [www.glamorgan-gem.co.uk](http://www.glamorgan-gem.co.uk) and follow the link to the digital edition and after a few easy steps you'll be sitting back enjoying all the Gem has to offer.

It may not be the same as opening your paper over the breakfast table or sitting down with a cup of coffee to catch up on the latest news, but over the last few weeks we've all found ourselves having to change the way we do things as someone said recently, 'if life seems normal, you're not doing it right'!

All over the country businesses are having to adapt the way they operate, restaurants are becoming take-aways, newsagents are delivering food parcels and even ice-cream vans are selling eggs, milk and bread instead of 99s.

I've even done my weekly yoga session via an online class, which trust me was a sight to behold - Jane Fonda I am not!

Of course we realise that not everyone is online - in fact more than 20 percent of the population does not use social media or even a computer, which is why we will continue to do our best to get our print edition into these homes - often the homes of the most vulnerable people who need some extra help at this frightening time.

While things are hard, it has been heartening to see how local businesses have changed their way of working and how local people have rushed back to buying local and supporting local traders.

I was delighted this week when the owner of the small market stall, selling fruit and veg, which has fed my household for many years, called to say that while the market in Abergavenny, where I live, is closed, she would happily drop off our weekly order.

It reinforced the decision to shop local and certainly ensured that we won't be taking our custom anywhere else when this crisis is over.

There are tough times ahead for everyone, but if all those people who call on their local butcher, baker and greengrocer this week, continue to do so when the lockdown is over and we can head freely to the supermarket, maybe things won't be quite so bleak

Rest assured we'll do our very best to be here for you - so please keep sending us your news, your ideas for coping with self isolation or even thoughts on how we can help...afterall we're all in this together!

Stay safe; stay well and stay inside.

LIZ DAVIES

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## Readers' Letters

Please keep your letters **BRIEF** and address them to: **The Editor, Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL**. It is not necessary to include your address, telephone number or e-mail. Letters and e-mails MUST include your FULL address, contact telephone number. We reserve the right to edit all letters. We do NOT accept anonymous mail.

## Help to relax during this stressful time

**W**ITH the world facing the coronavirus pandemic, I have been thrilled by the response of local communities, friends and neighbours.

As an author and scriptwriter living in Barry, I have started an online blog which features only good news stories about coronavirus, together with tips and advice on how to reduce anxiety and stress.

I am also a relaxation therapist and my blog is about staying positive and is my way of boosting people's morale.

Find the blog here: [www.markjonesofficial.blogspot.com](http://www.markjonesofficial.blogspot.com)

There is another project that I am sure would interest your readers. My business partners and I have been developing an app – Time to Sleep Stories.

The app features relaxing bedtime stories for children to help them drop off to sleep. With coronavirus in the news 24/7, there are many children living in a state of anxiety and therefore not sleeping.

What is different about our approach is that each audio story features relaxing music (composed and performed by an Oscar nominated and Emmy award winning musician), tranquil sound effects and narration combined with gentle breathing exercises, all designed to soothe and calm children at bedtime... and the stories work for adults too!

We had been planning to have a major launch during the next month or so but in light of the current situation, we have made the app available now with little fanfare or marketing.

Full details can be found at: [www.timetosleepstories.com](http://www.timetosleepstories.com).

Thank you for The Gem's commitment to helping the community. If we all work together and support each other, we will beat this virus.

Mark Jones, Barry.

## Sufficiency over globalism

**T**HE situation in which the world finds itself at the moment is unparalleled; but aside from the virus, it raises interesting questions about globalism and self-sufficiency.

As borders close around Europe, further threatening food sources, supermarkets struggle to maintain supplies, not helped by people panic buying; with much of our food being transported from farms on the other side of Europe to our shops.

In normal times, this food mileage is bad for the environment and for British farmers; and in extraordinary times such as these, it is sheer madness.

One example is the simple mushroom. At least one supermarket in Barry drags these from Poland, while another sources these from Somerset. Surely this makes the latter fresher, faster and with less environmental impact?

I hope that once things return to normal again – as they will – Britain reviews this reliance on globalism, and encourages a more sustainable, locally sourced economy that is both better for Britain and the environment.

Global trade is great, but not at the price of over-reliance and lost self-sufficiency.

Ade Pitman, Barry.

## Little things make a difference

**O**N Primrose Hill, Cowbridge on Saturday morning, despite the difficulties that surround us all, the sun was shining and residents were out walking.

We saw two men putting the final touches to the 'Welcome to Cowbridge' sign, which has been looking very uncared for late.

Thank you to the powers that be for getting it done! It's heartening to see small things that make all our lives just a little richer during these dark days.

Thanks to everyone, as well, at The Gem for continuing to give us our much-loved local paper. Keeping in touch with our special town is so very important at the moment.

Christopher Pollard, Cowbridge.

## Public Health Wales failed on testing, now panics over coronavirus

**O**N Saturday, we heard of seven new coronavirus deaths in Wales, jumping our total to 12. We're still being told the virus has spread throughout Wales, yet five of the new deaths were in Gwent, like half the confirmed cases.

Should this not mean stronger measures to lock down the Newport area? It surely signals urgent action, but at the same time our Welsh Medical Officer of Health, Chris Williams, reported on plans for gradual roll-out of testing in Wales.

This promises: "...appropriate access to novel coronavirus (COVID-19) testing. Based on careful risk assessment, a phased rollout of testing will commence starting with health care workers involved in frontline patient-facing clinical care. Testing capacity is being expanded and is currently prioritised for patients, health care workers involved in frontline patient-facing clinical care, and others where recommended by health board medical directors".

Rollout of testing "will commence starting with..." when the WHO has stressed testing is vital part of UK measures. Our MoH at last accepts their failure till now. At present, frontline staff go off for 14-days home-isolation because someone in their family gets a cough or temperature.

Why not test that person – there's 80% chance of it being a false alarm – and release the staff for the frontline? It currently takes 3-4 days for test results to come back – where's the determination to speed this up? On Sunday, Public Health Wales (PHW) panicked with "People over 70, and vulnerable groups of any age will be asked within days to be shielded from social contact for several weeks."

PHW would scrap the special supermarket shopping for the vulnerable and over 70s. Instead, they should be advising use of sanitisers (on trolleys and baskets) and facemasks in supermarkets, asking them to enforce this and 'social distancing' in their queues. Could they require supermarkets to issue free facemasks for each entrant? Facemasks have been a vital part of public measures in east Asian countries who've defeated the virus and would

help win Welsh people to taking social distancing seriously.

Max Wallis, Penarth.

## Disbelief...

**I**HAVE just read your article written by Nick Meyrick Barry where it states his council tax has risen since 2009/2010 from £38 to £50 per month.

Please tell me this is a print error ... I live in a two bed terraced house in Barry and my council tax has risen from £116 per month to £124 per month for the coming year.

If it's correct, I would like his council tax bill instead of mine.

T Ferguson, Barry.

## Don't forget the indoor market!

**I**OPERATE the fruit and vegetable stall, and the pet stall in Bridgend Indoor Market in the Rhiw, Bridgend.

Together with almost all my fellow traders in the market we are still open, and continue to trade as normal. While all the supermarkets were struggling to maintain supplies and serve customers, I was happy to supply everyone who came to buy from us in what was a much safer and calmer environment than the crowded supermarkets. I was able to obtain adequate supplies of almost all items, and my friendly and hardworking staff looked after all our customers.

As a gesture of our thanks and to support the local community I have decided to donate 10% of my fruit and vegetable sales to the Bridgend Foodbank for the foreseeable future. In just two days, Friday and Saturday of last week this came to £187, with more to follow.

Martin Nagle, Bridgend Indoor Market

## 'Stop panic buying'

**I**T may not do much, but I think you should print an article asking people to stop panic buying and hoarding everyday essentials.

I am the main care provider for both my parents and due to us all suffering from underlying health issues we currently rely on online shopping and deliveries for our weekly groceries. Due to the amount of panic buying going on at the moment we're finding it harder and harder to get the items we need because, in my opinion, the stores aren't doing enough to prevent people from buying more than they actually need. When we shop online we're automatically restricted to how many of one item we can purchase, but it still seems to be a free-for-all in the stores with nobody checking or enforcing the imposed restrictions in place.

Name and address supplied.

### HIGH TIDE TIMES

*The high tides listed in this week's Gem are those in Portcawl. It should be remembered that along the coast, high tides times will vary. For instance, in Barry the high point will be 20-25 minutes later.*

### UNTIL APRIL 2

Date	Time	Height (metres)
26/03/2020	07.44	9.6
26/03/2020	19.58	9.4
27/03/2020	08.14	9.5
27/03/2020	20.24	9.5
28/03/2020	08.43	9.3
28/03/2020	20.54	9.1
29/03/2020	10.12	9.0
29/03/2020	22.23	8.8
30/03/2020	10.43	8.6
30/03/2020	22.54	8.4
31/03/2020	11.22	8.0
31/03/2020	23.39	7.9
01/04/2020	12.13	7.8
02/04/2020	00.43	7.7
02/04/2020	13.34	7.5

*While the Gem makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.*

**We abide by the code of practice upheld by the Independent Press Standards Organisation (IPSO). This contains provisions for issues such as accuracy.**

If you have a complaint, write to us at the address below, left, or call Philip Irwin on 01446 774484.

All complaints will be fully investigated. If you are not satisfied with the outcome, you may wish to contact IPSO, Gate House,

Farrington Street, London EC4M 7LG  
Website: [www.ipso.co.uk](http://www.ipso.co.uk). E-Mail: [complaints@ipso.co.uk](mailto:complaints@ipso.co.uk). Enquiries: [inquiries@ipso.co.uk](mailto:inquiries@ipso.co.uk).



# Police appeal after woman inappropriately touched on train

POLICE are appealing for information after a woman was inappropriately touched on a train between Swansea and Cardiff.

British Transport Police have revealed CCTV footage of a man following the sexual offence which happened between 10.20pm and 10.30pm on December 21 last year.

A man is reported to have boarded the second carriage of the Cardiff Central-bound train with three other people and began having sexually explicit conversation in front of fellow passengers.

It is reported that he then touched a woman inappropriately while she stood in the aisle of the train.

When challenged by the woman, the man is reported to have made aggressive and offensive comments.

The woman got off the train at Neath and the man is believed to have continued his journey to Cardiff Central station.

Officers would like to speak to the man in the image to help them with their investigation.

Anyone who knows him should contact British Transport Police by texting 61016 or calling 0800 40 50 40 quoting reference number 717 of 21/12/2019.

People can also call Crimestoppers anonymously on 0800 555 111.



# Hospital A&E closure could double pressure in Bridgend

**A WARNING** that the emergency department at the Princess of Wales Hospital could face a 50 per cent increase in the number of cases it deals with has been made by Regional AM Suzy Davies and Bridgend MP Jamie Wallis.

Freedom of Information requests lodged on their behalf have revealed that last year 64,000 people attended the A&E department at the Royal Glamorgan Hospital in Llantrisant, which is now threatened with closure.

If the closure goes ahead, patients would have to attend emergency departments at either Princess of Wales in Bridgend or Prince Charles Hospital in Merthyr, which both dealt with 60,000 plus patients themselves in 2019.

At present, the Cwm Taf Health Board is considering the future of the department because its last full-time A&E consultant is retiring this month, leaving it staffed by locums. The board says that its future is not sustainable and that it should either be scrapped and replaced with a Minor Injuries Unit led by nurses, or become a part-time consultant-led A&E operating in the day. At night, it would revert to being an MIU.

Thousands of people living in the Cwm Taf area are fighting to keep the a 24-hour consultant-led A&E department at Llantrisant and are being backed by Welsh Conservatives Jamie Wallis and Suzy Davies.

Suzy said: "I visited the A&E department in Bridgend a few months ago and it was impressed upon me then that it was operating at maximum capacity. There is simply no room to take in any more patients."

"Many patients remain in the department for days and some even go straight home without ever having been admitted to a ward. The thought of another 30,000 patients arriving at the hospital is horrendous. Every inch of space in the department is used."

Jamie Wallis said: "We are assuming that half of the patients that would have been dealt with at Royal Glamorgan will find their way to Bridgend but in fact, it could be many more."

"Prince Charles Hospital is not easily accessed from areas like Rhondda, as people would have

to travel over mountain roads which are difficult, especially in winter.

"It is far more likely, in my view, that everyone from Rhondda needing to attend an A&E department will find their way down the valley to Bridgend. Similarly, all the people living in the Llantrisant and Llanharan area would be more likely to access PoW from the M4 rather than travel up the A470 to Merthyr."

"We need to say it loud and clear that there is no way that the A&E department at Princess of Wales can cater for 90,000 plus patients a year, even if the board extends it physically and puts in more doctors."

"They are arguing that they cannot recruit A&E consultants for Royal Glamorgan but they have managed to recruit eight for PoW, which is less than 10 miles down the road. You have to ask how much effort has actually been made by the board to recruit A&E consultants since the South Wales Programme was first put in place six years ago."

"By saying that they intended to close A&E at Llantrisant, they ensured that no staff would wish to work there. It became a self-fulfilling prophecy."

Suzy Davies said that the Assembly had rejected the plan in a move which united AMs from all parties.

She said: "Cwm Taf is facing increased political pressure from MPs and AMs to back down and to put in place a sensible plan to recruit staff for the A&E department at Llantrisant."

"Since the South Wales Programme was drawn up, many things have changed including an increase in population in Cwm Taf because of new house building."

"It is time that the whole plan was reassessed in the light of the demands and pressures being put on A&E departments across south Wales."

Mrs Davies added that the coronavirus crisis had highlighted the fact that too many beds have been closed in Welsh hospitals. She said that Wales had lost more than 5,000 beds over the past 20 years – a 30 per cent cut – and now has just over 10,000 beds.

Dr Wallis and Mrs Davies are meeting Professor Marcus Longley, chair of the Cwm Taf Health Board, this week when they will press the case to keep Llantrisant open.

# Teen jailed after hiding crack in his underwear

A BRAZEN drugs dealer has been jailed for 30 months after being caught peddling drugs just yards from his home.

Plain-clothed police officers intending to carry out a search warrant at Ryan Parsons' Barry home witnessed the 18-year-old engaging in a street deal as they arrived at the house.

Parsons, of Tydfil Street, was arrested and told that he was going to be searched, at which point he admitted he had drugs concealed in his boxer shorts.

He also had a crumpled £20 note in his hand, two mobile phones and a further £180 in his pockets.

A further search revealed heroin and crack cocaine, which was estimated to have a street value of £1,700 in his underwear.

A quantity of cannabis and related paraphernalia were also found at his address.

He pleaded guilty to all charges during a hearing on February 13 and was sentenced on March 16 to 30 months in prison.

Detective Inspector Sarah Trigg said: "Ryan Parsons was so brazen that he was practically on his doorstep when he was caught dealing."

"Selling drugs may seem like a quick and easy way to make money, but the reality is that they have a devastating impact on our communities and cause misery for users, their families and the wider community."

"I hope this sentence sends out a clear message that drugs will also have a huge impact on the person dealing. Our Organised Crime Unit is dedicated to disrupting illegal drug supply



in our communities and it is only a matter of time before those involved are caught and brought to justice."

"I hope it also reassures our communities that we can and do act upon the information and suspicions provided to us, so

I would ask the public to keep coming forward to tell us what they know."

Anyone with information about illegal drug activity should contact 101, or 999 in an emergency.

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**By Ariane Hill**  
Reporter  
[ariane@glamorgan-gem.co.uk](mailto:ariane@glamorgan-gem.co.uk)

### THE final livestock market in Cowbridge has been postponed for more than a month as a result of Covid-19.

The 200-year-old market, located on The Butts and near the car park for the former Market Place Restaurant, was set to hold its last ever sheep market this Tuesday, March 31.

However, the coronavirus pandemic and the subsequent lockdown measures have meant that the final market date, which is yet to be confirmed, will now be taking place in June following an agreement between organisers Herbert R Thomas and the Vale of Glamorgan Council.

The plans to demolish the livestock market and turn the area into a car park and temporary events space was agreed in July last year.

Cowbridge farmer Rob Thomas said his family has supported the market for more than four generations and he feels that not enough has been done to make the public aware of the market's closure.

Mr Thomas, who spoke out before the UK went into lockdown, also said he is concerned about the removal's impact on the town – which has had a market since 1254 – not only as a market town, but also as it has seen other businesses close.

He said: "No one seems to be concerned with the bigger picture and detrimental pending impacts to the town and wider rural Vale economy that will prevail.

"Lots of shops are empty, banks closing, the market going for a car park with high parking charges accompanied with terms and conditions and small print effects. It has a spiral impact on Cowbridge, its Chamber of Trade, agricultural related businesses and connections and services in town."

Mr Thomas said he is also concerned that the closure is not taking into account problems such as animal transport and travel distances to other markets.

Without the market in Cowbridge, the nearest market will be a 61 mile round trip to Raglan. Mr Thomas claimed that Bridgend and Newport have never recovered from losing their markets.

He said: "More animal transport issues, welfare concerns and viability of a smallholding to travel with only a few animals. Increased fuel, haulage costs time, travel – which results in more greenhouse gases and contributions to climate change, contradicting all Welsh Assembly and national polices – they promote?"

"Not all farmers and smallholders are have the methods or means to support far away markets.

"What hope is there for youngsters in the area who are coming into farming?"

It is not the first time the Council has faced backlash from the agricultural community as thousands of people took to the streets in Cowbridge in 2012 to protest the closure of the Cattle Market before it was converted into a car park.

However, the Vale of Glamorgan Council has said that while it acknowledges the closure of the market will lead to some issues for farmers such as having to travel further, it also feels it could be just to boost visitors to the town and the local economy as currently only the outside area is used for the sheep market on Tuesday mornings.

The Vale's cabinet member for regeneration and

education, Cllr Lis Burnett said: "The Council has tried for many years to regenerate the market site which lies adjacent to the town centre in Cowbridge. The number of farmers using the market has been declining over the last 20 years, particularly since it was no longer able to deal in cattle following the foot and mouth epidemic in 2000. It has therefore struggled over the recent past and there has been a lack of any investment by the market operators.

"While the Council acknowledges its closure will lead to some local farmers having to travel further to take sheep to market, it is important to note that this has been happening anyway due to a feeling better prices could be obtained further afield.

"This has been the backdrop to the Council's wish to regenerate this important site close to the town centre which is only used by as a sheep market on a Tuesday morning with the buildings remaining shut up and disused for the remainder of the week.

"The Council feels this important area should be proving more of an economic boost to the town of Cowbridge, particularly through the provision of a new shoppers' car park, which will allow residents and visitors the ability to park close to the restored historic town wall.

"The Council continues to work with a neighbouring authority, Welsh Government and the market operators to help deliver a new more viable, multi-purpose market. It is hoped this will be accompanied by rural centre in a location more suitable regionally to farmers and agricultural business."

A Vale of Glamorgan Council spokesman added: "The Council has granted the market operators a rolling extension to their licence. We would expect any sheep market held on the site to observe the UK Government's requirement with regard to social distancing to help prevent the spread of the coronavirus.

"However, ensuring the country is supplied with food is also a national security issue which means the holding of the market will currently fall outside Government restrictions. Whether that remains the case is a matter for UK Government."



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# More deaths in Wales as Coronavirus cases rise

**By Ariane Hill**

Reporter  
ariane@glamorgan-gem.co.uk

**A FURTHER five people have now died as a result of Covid-19 in Wales taking the total death count to 22.**

A 71-year-old man was one of the victims of the Coronavirus pandemic in Bridgend.

The pensioner, who had underlying health conditions, passed away at the Princess of Wales Hospital in Bridgend on Friday, March 20 making him the third person to die from the virus in Wales.

On Friday, the chief medical officer for Wales, Dr Frank Atherton said: "I'm very sorry to report that a third patient in Wales who tested positive for Covid-19 has sadly died. I offer my sincere condolences to their family and friends and ask that their request for privacy is respected."

The overall number of cases in Wales has now risen to 628, at the time of going to print, after 150 new cases were confirmed by Public Health Wales yesterday (Wednesday).

Cardiff and Vale University Health Board, which includes areas of the Vale of Glamorgan like Barry and Penarth, has seen 29 new cases taking the total number for the health board to 125.

Meanwhile the Cwm Taf Morgannwg Healthboard, which includes Bridgend and Rhondda Cynon Taf, has seen 19 new cases taking its total number to 42.

Incident Director for the Novel Coronavirus (COVID-19) outbreak response at Public Health Wales, Dr Robin Howe said: "150 new cases have tested positive for Novel Coronavirus (COVID-19) in Wales, bringing the total number of confirmed cases to 628, although the true number of cases is likely to be higher."

"Novel Coronavirus (COVID-19) is now circulating in every part of Wales."

"Five further deaths have been reported to us of people who had tested positive for Novel Coronavirus (COVID-19), taking the number of deaths in Wales to 22."

"We offer our condolences to the family and friends affected, and we ask those reporting on the situation to respect patient confidentiality."

Members of the Welsh Parliament gave their consent to the Coronavirus Bill on Tuesday, which was heard in the House of Commons on Monday before Boris Johnson's address to the public, and it was due to be examined by the House of Lords yesterday (Wednesday).

While it is a piece of UK legislation, the devolved governments of the United Kingdom including Wales, Scotland and Northern Ireland still had to give consent, which is why it was heard in the Chamber as a legislative consent motion (LCM).

Welsh Conservatives have welcomed the LCM's passing, and the provisions the Bill will bring to slow and prevent the spread of Covid-19. The Bill is temporary, at two years, and requires Parliament to review it every six months.

Paul Davies AM, the leader of the Welsh Conservatives in the Welsh Assembly said: "There was little doubt that this vital LCM would be consented to, and it's another hurdle crossed to keep the authorities free to take the action required to defeat this pandemic."

"It being given consent is evidence, if it needed, that whatever our varied political persuasions, at time of national crisis we will work together for our people, and our country."

The legislation has been supported by MPs and AMs from the Vale, Bridgend and from RCT.



Princess of Wales Hospital in Bridgend - photo from Google Maps

Wales First Minister Mark Drakeford also addressed Wales on Monday about the new legislation and asked the public to stay in their homes unless it is absolutely necessary – such as buying food or medicine, or undertaking one activity of exercise a day.

The police also now have the ability to enforce the new lockdown with fines and detainment with reports from elsewhere in the UK of gatherings of around 20 people being dispersed.

As of Tuesday, across the UK there had been a total of 8,077 people who tested positive for the virus of which 422 had died with the risk category being classed as "high".

Public Health Wales wants to remind people that even when they are outside for exercise or to go to the shops, they should still try to stay two metres away from others who are not of the same household and that gatherings of more than two people are not permitted.

Dr Howe added: "Symptoms include a high temperature, where you feel hot

touch on your chest or back, and a new, continuous cough. This means coughing a lot, for more than an hour, or three or more coughing episodes in 24 hours. If you usually have a cough, it may be worse than usual."

"Anyone with a suspected Coronavirus illness should not go to a GP surgery, pharmacy or hospital. They should only contact NHS 111 if they feel they cannot cope with their symptoms at home, their condition gets worse, or their symptoms do not get better after seven days."

"Only call 999 if you are experiencing a life-threatening emergency, do not call 999 just because you are on-call to 111. We appreciate that 111 lines are busy, but you will get through after a wait."

"The public play a very important role in slowing the spread of infection. By strictly following the latest measures, you will protect yourself, protect the most vulnerable and help to reduce the pressure on NHS Wales and minimise the impact of the virus."

**AM and MP's offices shut amid Covid-19 pandemic**

**CHRIS Elmore MP and Huw Irranca-Davies AM have closed their constituency offices to face-to-face appointments in line with the current public health advice, but assure constituents that they can still get in touch if they need advice or support.**

Their constituency office teams are now working remotely to provide assistance to local residents who need help during this period of uncertainty. Chris and Huw will continue to share information via social media, concerning public health advice, support for local businesses, and emerging community initiatives. They also encourage local residents to volunteer assistance through various schemes. The Bridgend Association of Voluntary Organisations (BAVO) are mobilising a voluntary response to the pandemic in conjunction with Bridgend County Borough Council. Residents can sign up to this scheme by visiting: [tinyurl.com/sjey8tr](http://tinyurl.com/sjey8tr).

Chris and Huw are also asking local businesses to get in touch if they are providing deliveries to communities across Bridgend and Rhondda Cynon Taf County Boroughs. If your business is providing such a service, please get in touch with Chris and Huw by emailing [chris.elmore.mp@parliament.uk](mailto:chris.elmore.mp@parliament.uk). Chris Elmore said: "The coronavirus pandemic presents challenges for our communities unlike any we have seen before. We mustn't underestimate the scale of these challenges and members of the public should continue to follow the latest public health advice, which is updated regularly."

"Over the coming days and weeks, we're going to be providing as much information and support to constituents as possible and signpost our local businesses to the financial packages available to help them. It's vital that we all try to help others where we can." The Welsh Government have announced a £1.4 billion support package to help businesses weather the period of uncertainty. Further details are available here: [www.gov.wales/coronavirus](http://www.gov.wales/coronavirus). Businesses in need of help are advised to contact Business Wales by calling 0300 060 3000.

Chris Elmore MP: 01656 860034 (please leave an answerphone message); [chris.elmore.mp@parliament.uk](mailto:chris.elmore.mp@parliament.uk).

Huw Irranca-Davies AM: 0300 200 7328; [huw.iranca-davies@assembly.wales](mailto:huw.iranca-davies@assembly.wales).

## Reaction to lockdown – crowds descended upon attractions during the weekend

**By Ariane Hill**

Reporter  
ariane@glamorgan-gem.co.uk

**BARRY Market attempted to open as usual on Tuesday, March 24 – less than 24 hours after the Prime Minister announced the lockdown.**

Vale of Glamorgan Council Officers attended the market where they closed one of the stalls as it was not food related and, under new restrictions, only shops selling necessities like food and medicine are allowed to stay open.

Barry resident Jake Harvey tweeted a picture of the open market with the caption "not even lockdown can stop Barry Market!"

A Vale of Glamorgan spokesman said: "The council is aware that one trader operating at weekly Holton Road market in Barry was selling non-essential items."

"Council officers informed this individual that this was unlawful and the stall subsequently closed. All traders have since been informed that the market will cease to operate until further notice."

However the food stalls in Barry could provide some relief as shops everywhere have seen empty shelves with mass shortages of some items like pasta, eggs, bread, toilet paper and hand wash.

Despite rules enforced in some shops meaning shoppers are capped on the number of specific items they can buy, it is still

difficult to buy some products in supermarkets like Tesco and Sainsbury's.

The UK Government sent a nation-wide text to all mobile phone users including the new measures which are to: "Only go outside for food, health reasons, or work (where this absolutely cannot be done from home); Stay two metres (six feet) away from other people; and, Wash your hands as soon as you get home."

Residents are also allowed to go for exercise activity a day, either on their own or with members of the same household.

The government has also handed a six-month reprieve for drivers, meaning they will not be penalised, for not getting their MOTs as of Monday, March 30. As long vehicles are still in a good road condition, they can be used during the Coronavirus crisis.

However some members of the community have been trying to ease the strain on the community by reaching out online via social media platforms.

Priests have been live-streaming their messages, usually reserved for a Sunday morning or mid-week services and others have been streaming entire services from their homes.

In what would usually be Lent and the lead up to Easter, Reverend Steven Brett of the Parish of Llantrisant has been putting out regular church messages on Facebook, meanwhile Reverend Suzanne



Visitors enjoy the beach at Barry Island on Saturday and right is Barry Market on Tuesday morning - photo by Jake Harvey

Brumwell of the Parish of Llanfawd, Bettws and Aberkenfig has been posting regular Facebook updates on the parish's social media pages.

Aberkenfig Community Church has been streaming full services online, and all of the churches in the area posted a lit candle to their social media to signify that they were still participating in the World Day of Prayer.

The churches aren't alone – a Bridgend-based DJ has been doing regular Facebook live streamed events since one of his gigs in Scotland was cancelled.

Gavin Hyde, who goes by Mr Hyde, posted to different Facebook groups encouraging them to join his public set on Facebook.

Various support groups have been started around the Vale and Bridgend to help those



who are vulnerable or self-isolating gain access to essentials without leaving their homes – especially while delivery services are in high demand.

Pontyclun Air Cadets released a video on Monday to cheer up Facebook users who are stuck at home. From their own homes, senior cadets and staff lip-synced and mimed along to the Foo Fighters hit song Learn To Fly.

**Are you doing something positive for your community during the Pandemic? Email Ariane at [ariane@glamorgan-gem.co.uk](mailto:ariane@glamorgan-gem.co.uk).**

# Crime Agency warns criminals may exploit Covid-19 outbreak

**THE National Crime Agency has warned that organised crime groups may try to exploit the coronavirus outbreak to target the UK.**

Despite the unprecedented situation with the pandemic, the NCA is continuing to protect the public and leading the UK's fight to cut serious and organised crime throughout this difficult time.

Steve Rodhouse, NCA Director General (operations), said: "Our mission in leading the fight against serious and organised crime has never been more important, and our work continues. We recognise that the Covid-19 outbreak may provide opportunities for criminals, and we are monitoring intelligence and crime trends to ensure that we, and the whole law enforcement system, can react as needed."

NCA intelligence assessments have identified a number of issues that criminals are already looking to exploit. Cyber-crime investigators have seen instances of coronavirus-themed malicious apps and websites, as well as email phishing attacks aimed at stealing personal and financial information.

The NCA's National Cyber Crime Unit is advising people to be extra vigilant when seeking out online information relating to the pandemic and to ensure they are following online safety advice which can be found on the National Cyber Security Centre website.

The City of London Police have issued an alert regarding fraudsters using the outbreak to facilitate fraud and cyber-crime. Reported cases include criminals posing as health officials in an attempt to get victims to disclose personal information.

There have also been cases of criminal networks exploiting demand for certain coronavirus-related products. One such incident saw a consignment of suspected fake Covid-19 test kits sent from the UK seized by US border officials in Los Angeles.

A man was arrested in Sussex by City of London Police attempting to send 60 more fake treatment kits to France, the US, and other parts of the UK, and has since been charged.

The NCA is continuing its work to protect children from abuse and exploitation online. A man from Darlington was sentenced on Monday for making more than 45,000 abuse images as a result of an NCA investigation.

As schools close, the agency is increasing its work with partners to bolster child safeguarding and online safety education. There is a risk of increased offending as people spend more time online and indoors, and the NCA is appealing to parents and carers to visit the Thinkuknow educational website for advice about keeping children and young people safe.

While travel restrictions are impacting the levels of traffic passing through the UK border, this week a seizure of half-a-tonne of cocaine was made by Border Force at Dover, leading NCA officers to charge a man with attempted importation. A man from Blackpool was also charged by the NCA after the recovery of firearms and ammunition at the Channel ports.

Criminal groups involved in people smuggling have continued to try and evade border controls using small boats, with NCA intelligence suggesting that some OCGs are even telling migrants the UK is safer than the continent in a bid to drive up demand.

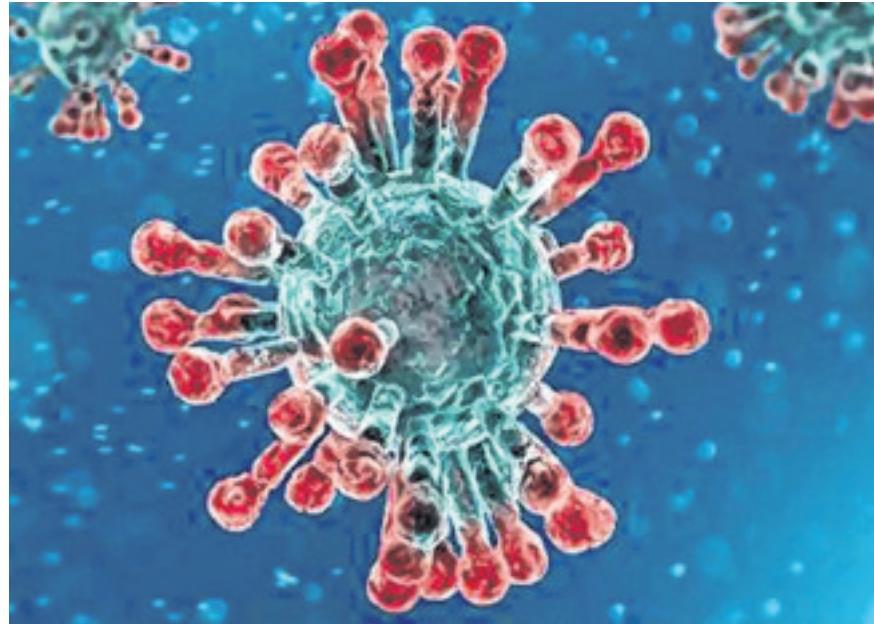
Mr Rodhouse added: "Like all organisations we are having to make some adjustments to how we operate in light of the outbreak, but we are an operational law enforcement organisation responding to a national security threat."

"The NCA is providing services that directly keep the public safe and also allow others across law enforcement to do the same, and these will be maintained throughout the pandemic."

"We are also working closely with law enforcement partners both in the UK and abroad – many of whom a similarly affected – to ensure that our ability to cooperate is maintained, and that we continue to work together to protect the public."

"I would ask the public to remain vigilant during this difficult time and report anything they think might be suspicious."

# Plea for parents to keep children at home unless absolutely necessary



**SCHOOL leaders in Wales are concerned that too many parents are trying to keep their children in school when not absolutely necessary, meaning attempts to stop the spread of coronavirus could fail.**

In a video posted to Twitter on March 22, Paul Whiteman, general secretary of school leaders' union NAHT, urged parents to "only leave your child at school if you have no other choice."

Mr Whiteman continued: "All schools have been closed to stop the spread of the virus. I simply do not know how to say this strongly enough.

As many children as possible should stay away from school tomorrow. To do otherwise will risk the health of

your family and the successful response to Covid-19. Please do not confuse 'Dunkirk Spirit' with recklessness.

"The government has asked school leaders, teachers and their support teams to remain accessible to the most vulnerable children who they believe would be in even greater difficulty without school. The government is also aware that some key workers involved in the provision of health care and keeping food supplies going, for example, might need a place of safety for their children as a last resort. But even the children of key workers should stay away if at all possible to stop the spread of the virus."

"School staff have been much depleted due to isolation. Those left working in schools are selflessly responding to the call from government and will take their place with other frontline public servants to support the national response. In doing so, they are taking a risk with their own wellbeing to look after the families of others in dire need."

"My appeal to the families of key workers is – this is not business as usual. Keep your family at home if at all possible. Leave the few spaces available for those that truly have no alternative."

"My appeal to companies and other employers – please do not interpret the key workers lists liberally for your own ends. Do not put profit over people. School places are there for the most vulnerable and to keep truly crucial operations running."

# Urgent cash injection needed to save 100,000 tourism jobs

**A MAJOR cash injection is needed to stop 100,000 jobs in the Welsh tourism industry from being axed because of the ongoing coronavirus pandemic.**

Ashford Price, the chairman of a leading visitor attraction, has warned that the current crisis caused by the virus outbreak dwarfs all tourism disasters over the past 45 years.

Mr Price, from the National Showcases Centre near Swansea, reckons that unless there is an urgent cash boost from the Welsh Government many tourism businesses will go bust with thousands of redundancies.

He called on the Welsh Government to set up a Tourism COBRA Committee to communicate with and react to the industry's needs and to double Visit Wales' promotional budget for 2021.

Mr Price contrasted the lack of crisis support for the tourism industry with the action taken by Welsh AMs and MPs when 4,000 jobs were threatened at Port Talbot steel works last year.

He said: "Our politicians were queuing

up to get on TV, radio and the Welsh Government propaganda machine went into hyper drive with offers of help. At the time the steel works were losing £1 million pounds a day."

"The Welsh tourism industry is in danger of losing upwards of 100,000 jobs. The industry produces not a loss, but a massive £6.32 billion a year for the Welsh economy and, in employment terms, represents nearly 10% of the workforce."

"The media silence to the tourism crisis by politicians is deafening. They have failed to grasp the true disaster facing the industry."

He added: "The Welsh Government's rates rebate is well below what Scotland and England are offering their tourism industries and a drop in the ocean as to what is really required."

"What is really needed is a massive injection of cash into tourism businesses. If this is not forthcoming within a few days, up to 100,000 Welsh tourism workers could be jobless."

"Simply put, Welsh tourism has no cash at present and no early prospect of getting

any, especially with Easter now written off. They need cash, cash, cash to pay this week's wage bill and keep people employed."

"Tourism is vital to all of Wales. It produces a daily £14 million for the Principality and provides jobs that help rural and coastal communities survive. We desperately need our Welsh Government for once to think outside the box, see the problem, then be imaginative and help save Wales' second largest industry from complete collapse."

"Failure to act will result in thousands being made redundant, bankruptcy for many tourism businesses and already deprived areas in coastal and rural areas suffering further job deprivations."

He explained that many tourism businesses have invested, using bank overdraft facilities, over the winter to prepare for the 2020 tourism season and started training seasonal workers.

Now they faced a complete collapse of this year's tourism season with little prospect of income until late summer or even Easter next year.

BRIDGEND COUNTY BOROUGH COUNCIL CYNGOR BWRDEISTREF SIROL PEN-Y-BONT AR OGWR	
I give notice that the following applications have been made. The application documents can be viewed during normal office hours at the Civic Offices, Angel Street, Bridgend CF31 4WB or on the planning page of the Council website. Anyone who wishes to make representations about these applications on land use planning grounds should write to the Council at the above address by the date specified under each category of application or submit their comments online. Observations received on applications are not acknowledged. Any representations submitted will be open to public inspection and objectors/supporters may be identified on the internet. The Development Control Committee operates public speaking arrangements. If you wish to register an intent to speak at Committee (should the application not be processed under delegated powers) please indicate in your response. For more information please contact 01656 643675.	
Yn ymddygu bod y ceisiaidau canlynol wedi cael eu gynweud. Gellir bwrrw goleg ar ddogfenau'r ceisiaidau yn ystod oriau swyddfa arferol yn y Swyddfa Dineiseg, Stryd yr Angel, Pen-y-bont ar Ogwr CF31 4WB neu ar y ddulom sylviniar a wefan y Cyngor. Dylai unrhyw un sy'n dimuno cyflwyno sylwadau ar y ceisiaidau hyn a sail cynllunio'r defnydd o dir ysgaffriniol at y Cyngor ar y ceiniaid uchod erbyn y dyddiad a nodir dan bob categori ceisiaidau neu gyflwynioli sylwadau ar-lein. Ni anfonir cynyddwydien iawn yn dilyn derbyn sylwadau ar y ceisiaidau. Bydd unrhyw sylwadau a gyflwynir ar gael i'r cyhoedd eis淮archwilio a mae'n bosib fydd enwau gwyrthwyr/cenfogwr ar gael a'r Rhynwryd. Mae'r Pwylgor Rheoli Datblygu a gweithredu trefnadau i aelodau o'r cyhoedd gael siârad. Os ydych yn dymuno nodi bwrriad i siarad yn y Pwylgor (os na fydd y cais yn cael ei brosesu dan bwrriad wedi'u dirprwyo), nodwch hynny'n eich ymateb. I gael mwy o wybodaeth ffoniwch 01656 643675.	
<b>TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (WALES) ORDER 2012</b> <b>P/20/99/FUL</b> Demolish existing chapel; construct 3 storey residential development of 12 self-contained apartments with on site amenity, cycle and refuse stores; widen existing land and provide turning head - Trinity Chapel Penybont Road Pencoed CF35 5RA by Wales & West Housing Association. <b>P/20/214/FUL</b> Demolish existing buildings and erect 24 apartments, car parking, landscaping and associated works - Former Pencoed RACB Social Club Heol Y Groes Pencoed CF35 5PE by Caddy Holdings	<b>RESPOND BY:</b> 08/04/2020 <b>PLANNING (LISTED BUILDINGS &amp; CONSERVATION AREAS) ACT 1990</b> <b>LISTED BUILDING CONSENT</b> <b>P/20/207/LIS</b> Extension of dispersal cloister by construction of new canopy roof; new door opening from Capel Crallo into the enlarged dispersal cloister; hard landscaping to floor of enlarged dispersal cloister; realignment of existing access road to allow drop off/pick up from enlarged dispersal cloister - Coyerchurch Crematorium Simonstone Road Coyerchurch CF35 6AB by Bridgend County Borough Council
	<b>RESPOND BY:</b> 15/04/2020

Jonathan Parsons - Group Manager Planning and Development Services / Rheolwr Grŵp Gwasanaethau Cyllunio a Datblygu 26/03/2020

## Support for citizens facing difficulty paying council tax

**RESIDENTS** in Bridgend county borough who are facing difficulty paying their council tax as a direct result of the coronavirus will have the possibility of deferring their council tax payments over the next couple of months to later in the financial year.

While the local authority gets the majority of its revenue funding from Welsh Government, it relies on council tax collection to help pay for its services.

It currently funds almost 30% of the council's budget.

Council leader Huw David said: "We know people are very worried about losing their jobs in these uncertain times, some already have, and we will do all we can to help."

"There are residents who don't need any help with their council tax, but there are lots of people that do, due to the outbreak of coronavirus. If people have any issues, please get in touch with us and we will work with them."

"People can apply for a council tax reduction, which helps people on low incomes to pay their council tax – you are eligible if you are claiming job seekers allowance or income support, or if your income is below a certain level."

"You are also eligible if you are receiving universal credit. If people pay their instalments over 10 months,

this can be extended to 12 months.

"Alternatively, they can defer their April and May instalments to February and March 2021, giving a reduced cost each month."

"If people already pay over 12 instalments, they can start their payments a few months later with the remaining instalments increasing to cover the full year's charge."

Residents can apply for a council tax reduction via the My Account service on [bridgend.gov.uk](http://bridgend.gov.uk) or by calling the customer service centre on 01656 643643.

BCBC already offers:

- Single person discount (25% for one adult living alone in a property).

- Discounts of between 25%-50% for full-time students, student nurses, youth training trainees and apprentices, residential hospital patients, people being looked after in care homes, people staying in certain hostels or night shelters, 18 and 19 year olds who are at or who have just left school, low paid care workers who are usually employed by a charity, people in prison, members of religious communities (monks or nuns), and people caring for someone with a disability who is not a spouse, partner, or son or daughter under 18.

- Discount of 100% for people with a severe mental impairment living alone.

- Discount of 25% for two people living together if one of them does not have a severe mental impairment.

## Rugby star is St David's Day guest at forum event



**ONE** of Wales' most celebrated rugby players, Ieuan Evans MBE, received a warm welcome at Bridgend Business Forum's annual business breakfast in celebration of St David's Day recently.

Over 100 business people attended the event at the Coed-y-Mwstwr Hotel, Coyauchur, where Ieuan talked about his rugby career.

Business delegates were kept thoroughly entertained with his anecdotes about some of the pivotal moments of his career.

His determination and tough decision making were something forum member's could take inspiration from and could also see how this translated to the challenging world of business too.

The council's cabinet member for education and regeneration, Cllr Charles Smith, introduced the guest speaker, describing his talk as "inspirational".

Cllr Smith continued: "I'm delighted that we have been able to support the forum in Bridgend county borough for the last 10 years. With nearly 1,000 forum members and more than 1,300 delegates attending

business forum events annually, it is a good indication that the economy is still very much thriving in the county borough."

Local businesswoman, Wendy Derrick from Leading Confidently, a training organisation, said: "What a fantastic talk today from Ieuan Evans! He discussed leadership and the importance of being yourself."

Information on becoming a forum member, along with details of upcoming events, can be found at [www.bridgendbusinessforum.co.uk](http://www.bridgendbusinessforum.co.uk)

## Free school meal collection points

**FROM** March 23, a take-away packed lunch will be made available for all pupils eligible for free school meals in Bridgend County Borough.

The measure is part of the local authority's emergency mobilisation plan during the coronavirus outbreak and the packed lunches will be made available in 23 local schools.

They are: Cynffig Comprehensive, Ysgol Bryn Castell Special School, Brackla Primary, Betws Primary, Ffaldau Primary, Archbishop McGrath, Coleg Cymunedol Primary, Brynmenyn Primary, Cefn y Dderwen.

A letter sent to parents and carers of pupils stated: 'The packed lunches will be available in the main reception area of these schools between 1pm and 2pm. We are hoping to move the collection time to 12 noon – 1pm following our assessment of suitability of these timings. We ask Marys & St Patricks, Tynyrehol Primary, you to only attend the collection point

nearest to your home.'

'On Monday, March 23 we will be providing one day's lunch provision but we hope to move to providing two days' provision as soon as food supply deliveries allow us to.'

'This change will be communicated to you at your collection school. We would be grateful if you could limit the amount of people attending the school collection points on each day.'

Council leader Huw David said: "Our main purpose is to support the most vulnerable as best we can in rapidly changing circumstances. We have put in place emergency measures to ensure ongoing support for schools – we are indebted to our staff for their versatility and willingness to adapt as we deal with these challenging circumstances."

## Two World Wars, six monarchs and 29 Prime Ministers – but only one Williams and Evans!

**WILLIAMS** and Evans menswear shop in Bridgend is celebrating 120 years of supplying quality men's clothing in Bridgend.

The doors were opened in March 1900 by two friends, James Williams and James Evans. They had trained as tailoring apprentices locally and were ready to open their own business at 2-4 Queens Street.

Williams and Evans have supplied quality men's clothing through four generations of the same family.

The second generation involved three brothers; Jimmy, Clifford and Stanley.

During World War Two (1939 to 1945), Jimmy continued to run the business while Clifford and Stanley served in the armed forces.

In 1943, the River Ogmore broke its banks and flooded the town centre, including Williams and Evans. This happened again in 1961, but the business survived and continued.

When Williams and Evans opened its doors, Queen Victoria was on the throne. The business has witnessed four kings and our present Queen Elizabeth II.

Stanley's late grandson, Edward, took over the business from 1990 to 2018, and it continues to be run by family members to this day.

Mayor Cllr Alan Wathan, said: "It is with real pleasure on behalf of Bridgend Town Council and the residents of Bridgend, I present this award to Williams and Evans, who for 120 years have served Bridgend town with distinction."



*At the Williams and Evans store, Claire Jenkins, present owner Vivienne Davies and Cllr Alan Wathan, Mayor of Bridgend Town Council. Photo by Tim Wood.*

# Childcare for key workers

**FIVE schools across Bridgend County Borough have been turned into centres providing emergency childcare facilities for parents involved in the immediate response to the coronavirus outbreak.**

The facilities have been made available to parents and carers who work for the National Health Service, Police, Fire and Rescue Service, Ambulance Service, HM Prison Service, Social Care and Childcare.

It comes after the Welsh Government announcement that all schools would close by March 20. From March 23, five schools opened to provide childcare to help minimise disruption by ensuring key workers can continue to carry out their critical work during the coronavirus outbreak.

They are: Maesteg School, Brymmeny Primary School, Maes Yr Haul Primary School, Coety Primary School and Pencoed Primary School.

Last week council leader Huw David said: "The main advice to parents is: if it is at all possible for children to be at home, then they should be. Our schools are closing today but some will reopen from Monday to offer childcare for key workers.

"If your work is critical to the Covid-19 response, and you cannot keep your child safe at home and have no alternative option but to request emergency childcare provision, then your children will be prioritised for the new community hub provision.

"If a child needs specialist support, is vulnerable or has a parent who is a critical worker, then childcare provision will be available for them. As some other local authorities have done in Wales, we have not gone with the keyworker definition outlined by Welsh Government and the UK Government.

"This is because we need to ensure we have the capacity and the resources to provide support services to those most in need as quickly as possible. We do not want to be so overwhelmed on Monday that we are unable to cope with the staff and resources available. Over 370 members of our staff have already self-isolated as the virus rapidly spreads, so our staffing is limited and this will only increase fast.

"We just cannot guarantee our staffing or know how many children will turn up on Monday. Once we see the demand for the service we can review the situation – we will review it on Monday and obviously, increase our provision as quickly as possible, if the staff are available.

"We have drawn temporary new availability areas around the five schools – and, in time, we hope to provide free transport to pick up and drop off children who are unable to travel to the hubs themselves."

A letter sent out to parents asks them not to rely upon childcare for those who are advised to be in the stringent social distancing category, such as grandparents, friends, or family members with underlying health conditions.

It also reminds them they should do everything they can to ensure children are not mixing socially in a way which can continue to spread the virus. They should observe the same social distancing principles as adults.

Clr David said: "With regard to free school meal pupils, we have put plans in place for 23 schools to act as local collection points to provide children with a packed lunch. Our main purpose is to support the vulnerable and ensure continuity of learning.

"We have put in place emergency measures to ensure ongoing support for schools – we are indebted to our staff for their versatility and willingness to adapt as we deal with these challenging circumstances." You can find out more and fill in an application form for a place here: bit.ly/3a8oi3M – please return it by 6pm on March 21.

Over the coming weeks, primary, special and secondary schools will be using a range of technology such as Google Classroom, Hwb and school websites to deliver lessons with children also provided with a range of activities. The local authority is also working on plans to support children with additional learning needs.

For the latest advice available to the public on the coronavirus outbreak visit the Public Health Wales, Welsh Government and the Cwm Taf Morgannwg University Health Board website.

In addition, more specific advice for parents and carers can be found on the Public Health Wales website.

# Mourners at funerals to be limited to help halt spread of coronavirus

**BRIDGEND County Borough Council has taken the difficult decision of strictly limiting the number of mourners at Coyauchur Crematorium to 10 to help limit the spread of coronavirus.**

The chosen individuals will be decided between the bereaved family and the funeral director and the measures are to help reduce the risk of exposure for mourners and staff.

All council-run cemeteries are currently open.

Cabinet member for communities Richard Young said: "It is with great sadness that in line with other local authorities we have taken the decision to limit the number of mourners.

"We fully recognise the impact on loved ones at an already distressing time and we apologise for the discomfort and upset this will cause. It is imperative we think about the welfare of all those attending services and staff, the last thing anyone wants is to get infected while at a funeral service.

"To ensure that people affected by these changes and all issues relating to coronavirus are able to pay their respects to loved ones who have passed away, the council will work with funeral directors to seek alternative options.

"This could include working with families to potentially hold celebration of life services later in the year."

# Meet your Member of Parliament

**I WANT to devote my Gem column to the Coronavirus emergency which is affecting every aspect of our lives.**

I have had hundreds of emails from residents in the past few days worried about aspects of this unprecedented situation – whether they are people running small businesses, the self employed or those who have been laid off.

My staff and I are working flat out to deal with their problems and make sure everyone gets the help they need.

I want to pay tribute to the many instances of public-spirited and selfless behaviour being shown by so many.

I know that hundreds of individuals are helping neighbours and other vulnerable people to get through this.

But there is another side. And that's the thoughtless and selfish actions of those who ignored the pleas of government and health experts to stay home if at all possible.

Porthcawl was teeming with visitors last weekend. Their actions imperilled the lives of Porthcawl residents.

Many were too afraid to go out of their homes to take a walk because there were so many people around.

During the summer, the population of Porthcawl doubles because of those staying in hotels, guest houses and caravans. And that's before you count in the day trippers.

So Porthcawl is especially vulnerable to the transmission of this disease. And health services in Porthcawl will not be able to cope

with a raised population.

That's why Welsh Government has acted to close caravan parks. And it's also why the Prime Minister announced the lockdown that came into force on Tuesday.

Only shops selling food, medicines and other essentials will stay open and people can only leave their homes for very specific purposes.

The government is very aware of the impact these restrictions will have on people's lives and their jobs. But it is the only way to ensure that thousands of lives can be saved and that the NHS isn't overwhelmed by huge numbers of sick people at the same time.

I was able to hold a meeting with Home Secretary Priti Patel when we had a discussion about what needed to be done to keep people safe.

I am also pleased that BCBC has responded to concerns about the need to have a school hub to serve the Porthcawl area and has set up one at West Park Primary School.

I want to thank council leader Huw David to whom I was able to speak over the weekend on this matter. He has also engaged constructively with me about the question of other key workers being able to access the childcare they need.

These are difficult times but if everyone works together from councils to MPs and AMs, then we can get it right and ensure that as many people as possible survive this epidemic and that at the end we will still have those businesses and services that we all rely on.

I can be contacted at jamie.wallis.mp@parliament.uk

**MP Jamie Wallis talks about coronavirus and how it is affecting every aspect of our lives in his monthly column for the Glamorgan Gem**



## Attractions and car parks closed

**BRIDGEND County Borough Council has closed all parks and playgrounds in the county borough and both Rest Bay Car Park and Salt Lake Car Park in Porthcawl to the public, following government advice around social distancing.**

It comes after crowds gathered during the weekend at local beaches and parks.

Council leader Huw David said: "We have taken the decision today to close all parks and playgrounds in the county and the Rest Bay Car Park in Porthcawl with immediate effect.

"The closures will be in place until further notice.

"It is vital we heed government advice to stay at home where possible and adopt social distancing measures.

"We must all play our part in keeping our communities safe and well as far as possible and help prevent the spread of coronavirus.

"Many local authorities across the country have taken the same action.

"Residents should stay at home where possible and when going outside for fresh air and exercise, avoid areas where there could be crowds and stand two metres away from each other.

"We will not hesitate to take action that can help save lives."

For the latest guidance and advice on coronavirus, self-isolation and social distancing, visit the websites for Public Health Wales, UK Government and the Cwm Taf Morgannwg University Health Board.

## Ogmore MP and AM step up support during coronavirus pandemic

**CHRIS Elmore MP and Huw Irranca-Davies AM have closed their constituency offices to face-to-face appointments in line with the current public health advice, but assure constituents that they can still get in touch if they need advice or support.**

Their constituency office teams are now working remotely to provide assistance to local residents. Chris and Huw will continue to share information regarding the outbreak via social media, particularly concerning public health advice, support for local businesses, and emerging community initiatives. They also encourage local residents to volunteer to provide assistance through various schemes. The Bridgend Association of Voluntary Organisations (BAVO) are mobilising a voluntary response to the pandemic in conjunction with Bridgend County Borough Council. Local residents can sign up to this scheme by visiting: [tinyurl.com/sjey8tr](http://tinyurl.com/sjey8tr).

Chris and Huw are also asking local businesses to get in touch if they are providing delivery services

to communities across Bridgend and Rhondda Cynon Taf County Boroughs. If your business is providing such a service, email chris.elmore.mp@parliament.uk. Chris Elmore MP said: "The coronavirus pandemic presents challenges for our communities unlike any we have seen before. We mustn't underestimate the scale of these challenges and it's vital that members of the public continue to look out for and follow the latest public health advice, which is updated regularly."

The Welsh Government have announced a £1.4 billion support package to help businesses across Wales weather the period of uncertainty and further details are available at: [www.gov.wales/coronavirus](http://www.gov.wales/coronavirus). Businesses in need of help are advised to contact Business Wales by calling 0300 060 3000.

Ogmore constituents are able to contact Chris and Huw via the details below:

Chris Elmore MP: 01656 860034 (please leave an answerphone message); chris.elmore.mp@parliament.uk.

Huw Irranca-Davies AM: 0300 200 7328; huw.iranca-davies@assembly.wales.

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# Bon appétit for pupils at St Illtyd French club!

THERE were some rather unusual items on the menu for St Illtyd's French Club children as they tried some more traditional French food, before schools were closed because of the coronavirus pandemic.

Some 'treats' went down very well and there were big smiles all around when the brioche and waffles made an appearance.

However, that changed when the

children were encouraged to try snails! The brave group all had a go – and they washed it down with some (pretend) vin rouge, followed by a course of fromage.

It was great fun, and Miss Downie explained:

"The children have been learning French for weeks, and have worked really hard."

"They asked for a treat at the end, and wanted to try some French food."

"I'm not sure they were expecting snails, but they certainly were all good sports in having a go!"



## Social distancing and dog control needed in countryside

RURAL insurer NFU Mutual has made a plea to the public to socially distance and keep their dogs under control, as people flock to the countryside to get some fresh air during the coronavirus outbreak.

Rural Affairs Specialist at NFU Mutual, Rebecca Davidson, said: "The spring sunshine is bringing people out at a time when newborn lambs are particularly vulnerable to attack. People are congregating in the countryside and putting others at risk by crowding in rural areas – maintain social distancing of two metres apart and don't put others at risk. UK farmers are under immense pressure at the moment to feed the nation through the coronavirus outbreak and we are urging people to keep their dogs under control, to clear up their mess and to be responsible in the countryside."

NFU Mutual gives the following advice:

### NOTICE

Please note that The Glamorgan GEM offices are closed and staff are working from home, due to the Coronavirus (COVID-19).

The GEM can be accessed online [www.glamorgan-gem.co.uk](http://www.glamorgan-gem.co.uk)

If wish to speak to a member of staff we are still contactable by telephone or email during normal working hours.

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#### SALES :

Jan Irving - 07891 690720 and Wendy Snatchfold 07957 651504

#### EDITORIAL -

Sam Hall 07891 690798 and Phil Irwin 07891 690785

#### Email –

[sales@glamorgan-gem.co.uk](mailto:sales@glamorgan-gem.co.uk)

#### Editorial -

[editorial@glamorgam-gem.co.uk](mailto:editorial@glamorgam-gem.co.uk)

## Army plan to deliver medical equipment welcomed

THE Shadow Minister for Health has welcomed news that the British Army is on standby to deliver essential kit, such as masks, protective glasses, gloves, and other PPE, during the outbreak of Covid-19 coronavirus.

Angela Burns AM said: "The British Army and all services of HM Armed Forces have the personnel, training, adaptability and vehicles to be able to deliver what, where and when it is needed. In peacetime, during times of crisis and disaster, our serving men and women demonstrate their abilities. We have seen them in action closer to home, and now, during this crisis, we'll see again just how valuable they are."

## RSPCA resources to entertain kids at home

THE RSPCA's free online teaching resources could help keep children learning while self isolating or staying at home.

As part of the charity's education offer, there are lots of resources on its website for teachers (or parents) to download including early years, primary and secondary lesson plans, activities and crafts for those wanting to continue their child's education during school closures.

There are also plenty of interactive games and quizzes all about animals for children to help them focus on something positive and take their minds off Covid-19.

Children can learn about robot dogs, wild animals and the environment, working animals and farm animals in a range of interactive resources as part of the charity's schools initiative 'Compassionate Class'. These can be downloaded by parents or carers for children to take part at home and enter a competition, which is open until May 19.

The animal welfare charity believes that the key to tackling animal cruelty is helping to educate young people about the needs of animals and creating a kinder society in the future. This is why the charity launched its Generation Kind scheme, which hopes to reach 100,000 children or young people every year.

Dave Allen, head of prevention and education at the RSPCA, said: "This is an unprecedented and worrying time for all of us. Working in the education sector and with a lot of our staff having children themselves, we understand the difficulties faced with schools closing. The RSPCA prevention and education team is aiming to provide teachers, parents and carers with engaging activities that will get young people thinking and debating animal issues."

"Having the children at home may seem like a daunting task, especially if you're required to work from home too, so we are encouraging parents to use our free online resources to help keep them entertained and teach them about animal welfare."

There are lots of interactive games, videos and quizzes on the Animals and Us site, which children can do on their own covering the five welfare needs of animals, how people can help wildlife and more information about the work of the RSPCA for any budding inspectors or vets in your household.

To access the resources, visit: [education.rspca.org.uk/home-resources](http://education.rspca.org.uk/home-resources).

To help the RSPCA to keep rescuing, rehabilitating and rehoming though this challenging time, visit [www.rspca.org.uk/give](http://www.rspca.org.uk/give) or call the donation line on 0300 123 8181.

## Bus service timetable revisions

**BUS Operator NAT Group has announced a revised timetable from March 28 following the UK government's advice on non-essential travel in the attempt to tackle the pandemic.**

Monday to Saturday: Unchanged daytime timetable, but with some late journeys temporarily cancelled. Sunday: Unchanged; 10A: Service temporarily cancelled; ASDA/Sainsbury's: No change; 89A/89B: No change; 102: Monday to Saturday, Route 102 will be reduced to a 30-minute frequency, but with late journeys retained on the existing timetable.. Sunday: Unchanged (operates as route 112 and subsidised); 106: No change; T1C: No change; T6: No change; Swansea City services: No change; 103/105/109: Monday to Saturday, Route 103 hourly rather than every 30 minutes. Monday to Saturday: Route 105 and 109, two-hourly rather than hourly; 404: Unchanged; X38: Unchanged; If a route doesn't appear on this list, it has not been changed. School services will run on Monday, March 23, for key worker parents.

For the latest updates, visit [www.natgroup.co.uk/bus-services](http://www.natgroup.co.uk/bus-services); [www.facebook.com/NATGroupLtd](http://www.facebook.com/NATGroupLtd) or [twitter.com/NAT\\_Group?lang=en](http://twitter.com/NAT_Group?lang=en).

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# Principality offers support for homeowners and savers

**PRINCIPALITY Building Society** is offering relief to its members with mortgages, including buy-to-let owners.

Julie-Ann Haines of Principality Building Society said: "We want to reassure our members that we're here to help with any concerns they might have about their savings and mortgages with us. Where our members have been affected by coronavirus, we'll work with them and can offer a three month holiday on mortgage payments."

"Buy-to-let borrowers will also be eligible for a payment holiday of up to three months if their tenants have lost income due to the impact of coronavirus. In those circumstances we would expect landlords to pass on the benefit of the payment holiday to their tenant. Also, we will offer emergency access to savings in fixed term accounts without

consequence. We want to be as flexible as we can be in helping our people through these challenging times."

"We'll be adopting slightly reduced opening times in our branches and agencies from March 23 – most branches will be open from 9.30am to 4pm from March 23 and will close for an hour for lunch. The contact centre remains open as normal as things stand, but we'll continue to monitor the situation and update our members via our website and branch network. As a mutual owned by our members for 160 years, we have always run the business for their long-term benefit, prioritising being a strong and safe home for members' savings and mortgages."

For more information visit: [www.principality.co.uk/coronavirus](http://www.principality.co.uk/coronavirus). For savings enquiries call 0330 8387579; for mortgage holiday enquiries call 0330 8387581.

# Welsh faith leaders join in plea to cease public worship

**THE leaders of the Interfaith Council for Wales have issued a joint plea asking Wales' faith communities to ensure their buildings are not used for acts of public worship or public gatherings until further notice due to the coronavirus (COVID-19) outbreak.**

In these challenging times, the Interfaith Council urges faith communities to nurture and protect each other by following the advice offered by Welsh

Government and Public Health Wales in their efforts to contain the spread of COVID-19.

"As people of faith, we should not place each other's health at risk by meeting contrary to known advice. Nor should we pose a risk to those in the wider community who may come into contact with us. We should play our part, without being compelled to do so, in ensuring the wellbeing of others and our communities."

Further details from the Reverend Canon Aled Edwards, [aled@cbyn.cymru](mailto:aled@cbyn.cymru), 07751446071.

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# Deadly flower warning for cat owners

A WOMAN from Southerndown who lost her cat to lily poisoning late last year is throwing her weight behind a charity's warning about the dangers of buying bouquets containing lilies, particularly after Mother's Day.

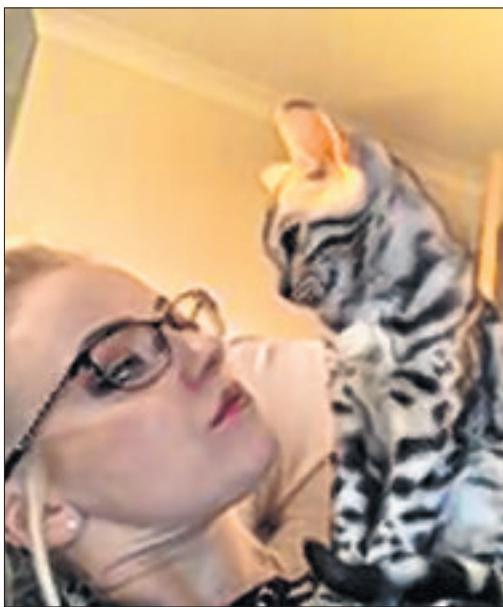
Jessica Leigh Jones (25), whose young cat Luna died after eating a lily petal, is supporting Cats Protection's call for supermarkets and florists to include a prominent warning on bouquets containing lilies.

"Luna was just a baby – she was just five months old when we got her. She was the sweetest, most affectionate cat with a beautiful personality," said Jessica.

"Last September, I saw that she had chewed a lily petal which had floated onto the floor and been sick. I had no idea they were so deadly and didn't have the knowledge or the understanding of the situation to react in time to save her. It's such a deep loss for us and I really want to prevent others from going through the same experiences. I really hope that highlighting her story will raise awareness and make a difference."

According to Cats Protection, lilies are extremely toxic to felines and they can be affected simply by brushing past the flower and then grooming the pollen from the fur.

"All parts of the lily plant are



**Jessica Jones, pictured above, who lost her cat Luna to lily poisoning last year.**

toxic to cats if ingested and consuming small amounts can result in severe poisoning – as Luna's case sadly demonstrates," said Cats Protection.

"If you have cats, it's best not to have any lilies in your home or garden."

Signs of lily poisoning include continued vomiting, blindness, paralysis, renal failure and coma and, if a cat exhibits any of these symptoms, the charity advises getting it to a vet as soon as possible for urgent treatment.



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## NEWS FROM LOCAL CLUBS AND SOCIETIES

### Sully U3A sing themselves out

**EARLIER** this month, in what turned out to be the last full meeting for some time owing to the coronavirus outbreak, Sully U3A were well entertained by their Singing for Pleasure group.

The group provided a varied programme of modern and religious pieces, familiar songs from musical films, and cheerful singalong pop songs – each piece preceded with a short and interesting introduction from conductor Rosemary Cook.

With such titles as 'Can you feel the love', 'You raise me up', 'I'll be there', and the 'Gaelic Blessing', there was plenty to provide comfort and inspiration for the difficult times ahead.

Sully Old School is now closed and all Sully U3A groups are suspended until further notice.

It is hoped that the friendships and contacts built up through membership of the groups can be sustained 'at a distance' until such time as activities can be resumed.

Further information on the organisation and its activity groups can be found at: [u3asites.org.uk/sully/home](http://u3asites.org.uk/sully/home), or email [membership@sullyu3a.co.uk](mailto:membership@sullyu3a.co.uk).

### Cowbridge U3A learn about life working in British television

**AT very short notice, after the advertised speakers from Atlantic College cancelled because of coronavirus concerns, Cowbridge U3A member Douglas Guy admirably stepped in to fill the gap at the recent Cowbridge U3A meeting.**

His presentation charted his career in television, starting at the bottom as a 'go fetcher' to reach the role of supervisory engineer, as he moved from HTV to Thames TV and finally worked for ITN.

The television audience is probably unaware of the number of technical staff involved behind

camera in productions, but without them, nothing would ever reach our screens.

Outside broadcasts used to involve a control truck equipped with a 40 foot high transmitter, which would communicate with a PO mast for onward transmission of the news story to the TV network.

For news items close to the TV station's HQ, a despatch rider would often be entrusted with the footage; obviously this would not be live film.

During his time working in outside broadcasts, Douglas was involved with filming at the Libyan Embassy (the murder of PC Yvonne Fletcher), the 1984 bombing by the IRA of Brighton hotel where Margaret Thatcher was staying, and the 1988 crash of Pan Am Flight 103 at Lockerbie (the plane was brought down by an onboard bomb).

He has covered riots in Northern Ireland, Toxteth in Liverpool and Brixton, and the 1991 Desert Storm campaign to free Kuwait from Saddam Hussein's grip.

There have been lighter moments, such as the wedding of Charles and Diana.

Over his career, Douglas has built up an impressive collection of press passes giving him access to events throughout the world.

His legacy from inhaling the smoke from the

### Social distancing to celebrate mothers in Llyswoaney

**WITH** coronavirus advice stopping families getting together for Mothering Sunday, a group of ladies in Llyswoaney overcame the issue by agreeing to meet around the village pond at 12 noon, (keeping two metres apart) and to raise a glass of wine to keep up morale.

They also collected an impressive amount of supplies for the Llantwit Major foodbank.

As everyone adapts their daily lives to cope with keeping the virus at bay, the Llyswoaney Ladies have been blazing the trail.



burning oilfields in Kuwait is the equivalent effect on his lungs of smoking 250 cigarettes a day while he was there!

Members should note that all Cowbridge U3A activities are currently suspended because of coronavirus precautions.

SPM

walking independently in the fresh air while adhering to the guidelines can help boost wellbeing and mental health.

However, in order to protect their members, the Ramblers have cancelled all group walks, meetings and functions as gathering together, taking public transport or car sharing to and from walks could spread the virus and put people at risk.

So conforming to this directive, there will be no further walks until otherwise directed. If you require further information, access the group website at [www.penarthramblers.wordpress.com](http://www.penarthramblers.wordpress.com) or follow on Facebook.

Joy Strangward

### Bingo players boost Poppy Appeal

**COWBRIDGE Social Club Bingo gave the Poppy Appeal a substantial boost to their 2019/20 collection when they presented them with a cheque for £1,000.**

The club, which meets in the Lesser Hall on the first Thursday of the month for Bingo, collected the money over a number of years.

Poppy Appeal organiser David Howell said: "The donation is a timely one as it takes the total for the year over the £20,000 mark; it's a big help and we are very grateful to them."

"The Bingo social club is very friendly, everyone is welcome."

### Porthcawl Shout still has a voice

**PORTHCAWL Shout Forum, the Voice for the Older Community in Porthcawl, has been forced to cancel meetings for the foreseeable future until, at least, the Government tells us it is safe to go back to our normal modus operandi.**

But the group is not shutting down.

The committee is transforming itself into a group that will continue to contact vulnerable members from self-isolation in their homes as often as possible, giving a friendly voice, some reassurance and help where possible.

Where help is needed but the Shout committee member is stuck in their home, they will contact local councillors with their concern, and follow up wherever necessary.

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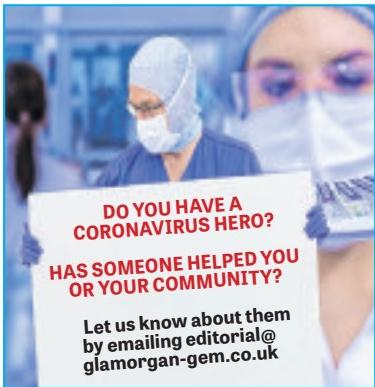
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## Age Cymru offer a 'check-in-and-chat' telephone service for over 70s

AGE Cymru are offering a check-in-and-chat telephone service for the over 70s in Wales who live alone, which started on March 23.

It is hoped that the initiative will help provide some reassurances to older people, answer basic queries and link people to local services and support during the Coronavirus outbreak.

At the beginning of this week we were all advised self-isolate as far as possible to help protect us from the virus. This is particularly important for people over 70 and those with underlying health conditions because they are at higher risk of developing more severe symptoms if they become infected. In the coming days those at greatest risk will be asked to self-isolate for 12 weeks.

Age Cymru's chief executive Victoria Lloyd said: "These are potentially difficult times for many older people, especially those living alone who may not have anyone to share their concerns. Others may just want to have a chat about what they saw on television last night. Hopefully, this initiative will help older people cope with some of the challenges arising



from the Coronavirus outbreak."

Anyone over 70 in Wales can register with Age Cymru, free of charge, to receive a regular telephone call from the charity in either English or Welsh. All you have to do is call the Age Cymru Advice Number on 08000 223 444 or email [enquiries@agecymru.org.uk](mailto:enquiries@agecymru.org.uk).

## Team Shampan - here to support you

THE team at Shampan Indian restaurant in Cowbridge has assured customers that they will still deliver orders despite the lockdown and thanked them for their great support.

"With us, safety of all is paramount. We have been asked to isolate, contact less, avoid travel and gathering.

"Being social animals, it is the toughest decision to make, but it is for our healthy survival. We, Team Shampan, decided to stop dine-in customers until further notice," said a spokesman.

"You can still order online or over the phone for a delivery or collection. Those who are driving and want to collect the food from us, please remain in your car - we will bring the food to your car."

"You can pay over phone or online and, in the worse case, you can bring cash too - but make sure you sanitise your hands every time you deal with cash."

"Give us clear instructions to leave your food near your front door; we can hang them on your door handle safely."

"As soon as we deliver at your door, our driver will call you and will be waiting at a good distance until you pick the delivery from a safe place. If at any point you want speak to us, please call our restaurant on 01446 771682."

You can share your location or send us a photo of the point at which you would like us to deliver. Kindly make sure you are not speaking to the delivery driver face to face at any point.

Shampan is here to support you - we are not doing this for financial benefit. Together we can survive through this tough period - waiting for happy times again.

## Free pick up and collection from The Laundry Room

AS many readers you know The Laundry Rooms provides free pickup and collection of your items requiring any of its Laundry, Dry Cleaning & Ironing services.

"The great news is that we will continue to provide this service, even during these most difficult times," said a spokesman for the

company

"The brilliant news is that for all our customers using these services, we want to help you as much as we can."

"When arranging your pick-up or delivery we can help you by taking your instructions to pick up shopping or urgent supplies, post items for you or

run other errands.

"Terry, our pick-up and delivery man will help where possible and all included as part of our friendly local service."

"You can call us on 01446 740730 or fill in the form on our website at [thelaundryrooms.co.uk](http://thelaundryrooms.co.uk)" he added.

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# Cardiff nursing home closes its doors to visitors as crisis bites

A CARDIFF care home has taken the necessary steps to safeguard its residents from the coronavirus outbreak by closing it to non-essential visitors.

Tŷ Llandaff, a private nursing, residential and respite care home in Pontcanna, has taken the measures in order to create a 'cocooning environment' for those in its care.

The home in Conway Road is following the advice of the World Health Organisation and have put measures in place to protect residents and staff, including additional cleaning and personal hygiene measures.

Tŷ Llandaff is well equipped to look after the needs of its residents with 72 en-suite rooms, spacious lounges, piano bar, café, private landscaped gardens, library and home cinema room.

Staff are safe-distancing residents from group activities that have may have pre-existing conditions.

Lisa Cristina, service manager at Tŷ Llandaff, said: "The health, safety and wellbeing of our residents and staff are always our top priorities.



"While we have no confirmed cases in our home, the growing threat of the coronavirus outbreak means that we are continually reviewing measures to reduce the risk of infection and protect the most vulnerable in our care."

"We have, therefore, taken the difficult decision to close our home to all non-essential visits to create a cocooning environment and safeguard the wellbeing of our residents.

Lisa added: "To ensure continued communication between residents and family members,

"This will include routine friends and family visits.

"In addition, we will be limiting hospital appointments, unless in emergency and at the sole discretion of the home."

Tŷ Llandaff is also exploring ways that residents can stay in touch with family members through telephone and social media.

"We have not taken this decision to close lightly – however, we have a duty of care to all our residents and staff."

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Find out more about Tŷ Llandaff or book a tour.

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or email [info@tyllandaffcare.com](mailto:info@tyllandaffcare.com)

**Tel. 02920 600 100**

Conway Road, Pontcanna, Cardiff CF11 9NT

**[www.tyllandaffcare.com](http://www.tyllandaffcare.com)**

# While away the hours snapping garden birds

**WITH** everyone spending a lot more time gazing through their windows at the moment, what better way of passing the time than getting to know more about some of the birds who make their homes in your garden.

Winter is a tough time for wild birds but as spring approaches and the weather becomes warmer, we should expect to hear more tweeting in our gardens.

One of the UK's leading home and garden retailers, Wilko, is inviting you to share your best wild bird photos in its annual competition to capture the best of our feathered friends.

Are you a keen photographer? If so, Wilko invites you to share your best wild bird pictures for the chance to see your snaps in its 2021 Wild Bird Calendar and win one of 12 Wilko gift cards worth £100.

All you need is a camera, an eye for detail... and a flying visit from your favourite wild birds to be in with a chance of winning.

Thankfully, with Wilko's Daniel Bingham, Senior Pets Buyer for Wilko, offers some practical advice: "Birds feed every day and don't store energy well, so one or two bad days in cold weather or without food can be very dangerous for them.

"Put out a good selection of food in feeders or on tables to attract birds

to your garden – things like fat balls are nutritious and high in energy – perfect to help them maintain weight and stay fuelled.

"Put some soft food down for the songbirds who can't reach the feeders. Suet blocks and pellets work particularly well as they give the birds a great energy boost and plenty of calories.

"Don't forget to provide fresh water. Ponds, puddles and other water sources may freeze over, making them inaccessible to birds.

"Birds can be timid so you'll need to be patient, build up trust by sharing plenty of treats and you could soon be rewarded with the perfect wild bird shot."

For further information and advice, we recommend that you visit [www.rspb.org.uk](http://www.rspb.org.uk)

All photographs should be taken in a garden or outdoor setting and must have been taken by you. Email your entries to [WildBirdCompetition@wearebrazenpr.com](mailto:WildBirdCompetition@wearebrazenpr.com)

For full terms and conditions, visit [life.wilko.com/wildbirdcompetition](http://life.wilko.com/wildbirdcompetition)

**Sadly, you only have until March 29 to enter the Wilko competition, but you could always send your best garden bird pictures to us at The Gem and we will publish the best in a forthcoming edition.**

Email your pictures to [editorial@glamorgan-gem.co.uk](mailto:editorial@glamorgan-gem.co.uk)



One of the winners of last year's Wilko bird photography competition

## Advice from Cowbridge Chamber of Trade

COWBRIDGE Chamber of Trade is endeavouring to support its members during these difficult times for all businesses and is disseminating information as it is received from HMRC, Welsh Government and local councils to its members and the wider business community.

"If Chamber members need any support dealing with the various authorities or are unsure who to approach they can contact me," said secretary Malcolm Wilson.

For businesses who are not members we will continue to send out notices as they are received. If you are not a member and not receiving emails from the chamber you can be added to its mailing list by contacting the Secretary on email: [cowbridgechamberoftrade2020@gmail.com](mailto:cwbridgechamberoftrade2020@gmail.com)"

## Handwashing advice heeded in Wales

OVER HALF of the people in Wales think the government left it too late to take strict measures against coronavirus, according to new research.

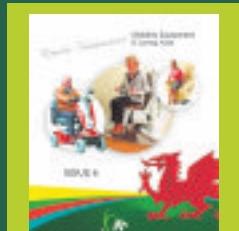
A whopping 58 per cent say they should have acted more quickly, while half of the Welsh believe Boris Johnson should have shut schools (50%) and put the country into lockdown much earlier (38%).

But the study, conducted this week by 4media Group, shows that 6 in 10 adults believe both Boris Johnson and the government as a whole are doing decent job in handling the crisis nevertheless.

Despite pleas to stop panic buying, almost three-quarters of families are struggling to get everything they need from supermarkets.

And the number who know someone in self isolation had almost quadrupled from 10 per cent to 39 per cent.

Thankfully, the number of Welsh washing their hands properly every time has also risen, from 65 per cent to 72 per cent.



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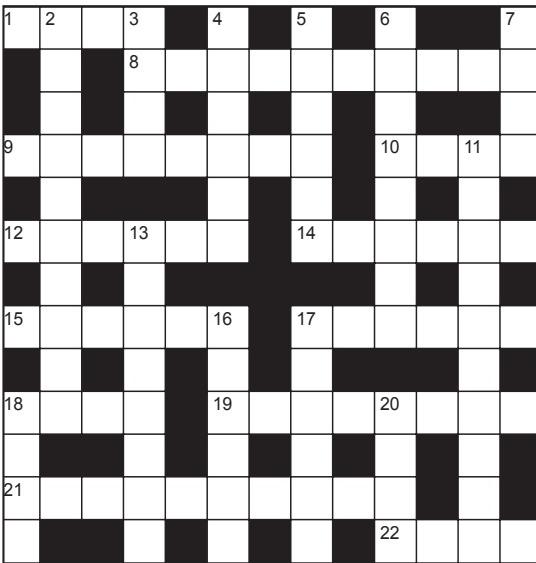
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# THE GEM DOUBLE CROSSWORD



## CRYPTIC CLUES

### Across

- Does religious work (4)
- Understand what the land investor hopes his property will do (10)
- It could be simple curiosity (8)
- Many a poem is not readily understood (4)
- Foiled—the trespassers? (6)
- Enjoy a flavour (6)
- Car involved in a detour erroneously (6)
- Four upset about a show of great enthusiasm (6)
- In this case the points should be safe (4)
- Of necessity, and through coercion apparently (8)
- Not against change though it's the wrong condition for it (10)
- Half of the record team (4)

### Down

- If you're not up before ten you may be (7,3)
- Wise man in season (4)
- Add a very quiet finale (6)
- Comparatively good as a punter (6)
- The shape of a pamphlet? (8)
- A venerable name in England's illustrious past (4)
- Sent crazy by other claims on your attention? (10)
- Bearing the cost of transport (8)
- TV programme that's being reviewed? (6)
- Loud Verdi composition full of fire and passion (6)
- Some conversed in Gaelic (4)
- Admits being in possession (4)

### QUICK CLUES

#### Across

- Closed (4)
- Declare (10)
- Crossing out (8)
- Snugger (4)
- Reverence (6)
- Screw-shaped (6)
- Force (6)
- Burlesque (6)
- Carry (4)
- Cheating (8)
- Devious (10)
- Multitude (4)

#### Down

- Formerly (10)
- Domesticated (4)
- Yearn (6)
- Happenings (6)
- Boundary (8)
- Went away (4)
- Defamatory (10)
- Seeming (8)
- Mortal (6)
- Jail (6)
- Drill (4)
- Kindred (4)

# AM Jane's Hutt's self isolation diary

## Week One: Facetime and video chats become a way of life

I KNEW my life would be changing dramatically when the advice came through on Monday, March 16 that I should start working from home and embrace 'social distancing' and 'self isolation.'

The day started with a team meeting in my constituency offices in High Street, Barry to plan our work in response to Covid-19. An urgent message to meet Cowbridge businesses came through and it was vital to be there with elected representatives working together to relay the realities of what was facing business.

After the Cowbridge meeting, I went back to Barry to attend the turf cutting at the 'Bridge Between' Waterfront Church joining church ministers, Cllr Drake and the contractor

commencing work on this new centre, bringing together the Windsor Road United Reform and Pontypridd Road Methodist Churches. The sun came out for that positive moment of progress.

I went straight from what was to be my last public engagement for some while to a Cabinet meeting in Cathays Park and an update on all my ministerial responsibilities, in relation to the Covid-19 outbreak, before returning home at the end of the day with my iPad and phones – to stay.

The announcements coming through that the Welsh Government was matching the UK Government Business Support scheme were welcomed at the Senedd on Tuesday.

It was strange not being there alongside at

least 10 others from political parties across the Chamber. However, I could still undertake my Chief Whip responsibilities remotely. There was a strong will 'to work together' with ministerial statements and questions about decisions being taken following COBRA meetings, attended by all four Governments of the UK.

For Assembly Members and the Government, the wider public health, NHS, the voluntary sector, education and social care questions and announcements were coming through thick and fast.

I set myself up to work at home to continue my work as the Assembly Member for the Vale of Glamorgan and Minister in the Welsh Government. Nearly a week later, I can honestly say that I have not stopped working – but it has been by phone, text and letter.

My team in High Street has been working flat out, answering questions and taking up issues about the impact of coronavirus alongside other casework coming through affecting people's lives. We drew

together an information and contact sheet to circulate. Citizens' Advice has been vital, as well as traders and businesses who were keen to help with deliveries as well as getting advice and information. The response from people and organisations across the Vale of Glamorgan who want to help and volunteer has been tremendous.

Supporting my family has been a priority with my sister and mother living nearby and our daughters working at the frontline in the NHS and social services. Facetime, video calls and WhatsApp chats have become part of the daily routine, as well as a wave at the window.

My ministerial duties have been constant as we respond to the needs of the most vulnerable including supporting a £10m grant for the homeless. Also considering priorities to release funds for the Welsh Government to address growing needs emerging such as the self employed, leading to Welsh Government announcements at the beginning of this week.

I have always been a workaholic, scarcely knowing what it is like to sit down for more than a few moments of my time to relax and read the paper or listen to music. I have never been in this situation before and my physical exercise could soon be limited to the house. I am so fortunate to live in Barry so close to the sea. My focus now is to be available and effective in helping my constituents who are vulnerable and lonely, who may have lost jobs and businesses and who are ill or are carers. That's why I will continue to work as hard as ever in my new circumstances which are shared now by so many others.

The First Minister Mark Drakeford AM launched the 'Looking out for each other Campaign' focusing on the small things we can do for each other and that commitment and spirit will take us through – gov.wales/safehelp

For further information, please contact me on 0300 200 7110 or jane.hutt@assembly.wales. You can also follow me on Facebook, Twitter and Instagram or visit janehutt.wales.



## Don't shy away from talking to kids about coronavirus

THE NSPCC's Childline service has been inundated with contacts from children and young people about coronavirus, and these are steadily increasing writes Childline's Debs Davis.

Childline has already counselled hundreds of children and young people concerned about the virus, and young people are finding additional support in one another on our online message boards.

Young people aged between 12 and 15 are the most common age group to contact us with worries about coronavirus, but it's important in these uncertain times that we are talking to our children of all ages and addressing any concerns they may have.

Common issues children are discussing include anxiety, exacerbated by the disruption of their normal routines due to school closures, as well as the inescapable 24/7 news coverage. This is difficult to comprehend as an adult, but it can be even more challenging for a child to process.

It makes sense that the constant influx of bad news can be very overwhelming for a child. Many young people are already coping with challenges in some way, whether that's school, friendships, or just growing up. At this transitional point in their lives, the extra pressure caused by Covid-19 can be very difficult for young people to cope with.

Common issues discussed by young people include being scared about catching the coronavirus, concern for family members, and worries of dying.

With round-the-clock news showing

pictures of empty shops and charts of death rates, it makes sense that young people in Wales are picking up on the situation and panicking.

One young person told Childline: "This virus has brought my anxiety up more than anything else in my life."

Another added: "Everyone is radicalising it and scaring me to the point I'm scared I may do something to myself and I don't want to face the world because I'm too scared of the virus."

We know that some young people don't get on with their family or feel unsafe at home, and for these young people it's a particularly challenging time.

One young person told us: "School is my safe, happy place and no matter how bad things at home got, it was almost always somewhere I could trust to be safe or, at least, safer than home."

Racially charged bullying has been mentioned in some cases due to coronavirus originating from China.

My advice to parents, carers and professionals on talking to children about the virus is to balance helping them to understand the facts while providing emotional support.

It's important not to shy away from talking about the coronavirus with your children. They may have already picked up snippets of information from social media or the news, and even though they haven't discussed it with you they may be wondering what it means for them and people they care about. Be calm, honest and informed when talking to them about news related to the coronavirus.

Begin the conversation by asking them what they already know about it. Reassure them that you are going to listen to them, remove any distractions and mute any sounds so that you can give them your full attention.

Try not to interrupt when they talk to you about it, just let them say what they need to say and pay attention. If they address fears, be sure not to dismiss them. Children will be taking in a lot of information now, and anxious minds can create a variety of worries.

When they've finished, calmly explain the facts of the situation. You can find these through NHS and World Health Organisation sites, with advice on what we know about Covid-19 and how to help protect yourself from it. It's important to be honest and tailor what you say to their maturity.

At Childline, we know that it can be daunting to try and help a child through challenging times. We recommend that you encourage them to use Childline's online message boards to talk to other young people about how they're feeling. They can also draw pictures and play games to relax and have fun.

Talking to people will help a young person realise they are not alone. It's important we allow them to make time for themselves, create a routine to limit the impact having time off can have on things like mood and sleep, as well as keep them busy with things like exercise, schoolwork or hobbies.

They can also speak to a trained Childline counsellor free using the Childline website, or by calling 0800 1111.

**CROSSWORD SOLUTIONS**

Across: 1 Acts; 8 Apprehensive; 9 Across: 1 Shun; 8 Assessive; 10 Needs; 12 Homegated; 14 Interests; 15 Tourist; 17 Future; 18 14 Spills; 15 Compels; 17 Periods; 21 Releish; 19 Repeat; 21 Stagnation; 18 Beer; 19 Trekker; 21 Side; 22 Side. Down: 2 Counter; 3 Sage; 4 Events; 5 Evens; 6 Frontier; 7 Crumble; 8 Append; 9 Distressed; 10 Let; 11Sisterhood; 12 Host; 13 Cameragag; 14 Beebe; 15 Repeat; 16 Letter; 17 Friend; 18 Ese; 19 Letter; 20 Kith.

# Aston Martin stops production at Vale base



**ASTON Martin Lagonda (Aston Martin) has suspended vehicle production at its plants in the UK, including at St Athan, home of its DBX crossover.**

The company, headquartered in Warwickshire, made the announcement on March 24, and said the decision to halt production – for a scheduled four weeks – was in response to the Covid-19 (coronavirus) pandemic.

Aston Martin's president and group CEO, Dr Andy Palmer said: "It is our responsibility to ensure we do all we can to support the Government's efforts in slowing the spread of Covid-19 over the coming weeks and, with the health of our workforce front

and centre of our minds, we have taken the tough decision to temporarily suspend operations at our sites around the UK."

Russell George AM, the Shadow Minister for Business, said: "The move by Aston Martin is in line with some other marques' decisions, and while regrettable, it is understandable. Sales, especially in some of the key markets, such as China and elsewhere in south-east Asia, have fallen.

"Yet, as Aston Martin's CEO said, the company wants to keep its workforce – it employs around 850 people in Wales – and their families safe, fit, healthy, and ready to return to restart production next month."

## Minister for Health and Social Services outlines plans for PPE

**IN a statement on March 25 regarding the arrangements in Wales for protecting front line health and social care staff who are caring for suspected or confirmed Covid-19 patients and the issue of Personal Protective Equipment (PPE), the Minister for Health and Social Services, Vaughan Gething said:**

"We are in a rapidly changing situation as we move from efforts to contain a 'high consequence infection' to the need to delay the community transmission of the Covid-19 pandemic. This development has resulted in the need for new revised guidance on Personal Protective Equipment (PPE), which has been agreed across all UK nations and which is consistent with guidance from the World Health Organisation. It is important now we all share the same understanding of this guidance and that we procure and provide the PPE that our staff require for their protection.

"To support the use of this equipment, Public Health Wales has provided advice on infection prevention and control for healthcare settings and advice on the correct use of personal protective equipment has also been issued to specific groups of healthcare workers.

"I must stress the importance of following the guidance in order to protect staff and also to ensure that the appropriate PPE is used for each healthcare setting. This personal protective equipment is for the use of front line health and social care staff, specifically as they deal with confirmed or suspected COVID 19 patients.

"I have authorised personal protective equipment from the pandemic stockpile be provided to the NHS and to social care to

reinforce the regular NHS supply routes that have come under substantial pressure.

"Health Boards have continued to be able to draw on supplies through Shared Services. However, as a result of a significant increase in demand for Type 11 R fluid resistant facemasks and FFP3 respirators, I have authorised a significant push of PPE to the 7 Health Boards, Welsh Ambulance Service and Velindre.

"I know that it isn't normal for GPs to hold large stocks of PPE at their clinics other than for business as usual. That is why I also authorised from the pandemic stockpile a distribution of PPE (facemasks, gloves and aprons) to all 640 GP clinics and the 40 GP out of hours services in Wales.

"Since that first GP distribution took place, the guidance for GPs has changed and there is now the need for GPs to wear eye protection when dealing with a suspected or confirmed Covid-19 patients. A second distribution of PPE has been authorised to all GPs clinics this week.

"Pharmacies are often the first point of contact for people looking for advice on treatments before going to their GP. It was essential that we took steps to protect these key front line healthcare workers dealing every day with people who may be unwell. I authorised a distribution of PPE for all pharmacies in Wales and all 715 pharmacies will have received this equipment.

"Social care has an essential role in our response to Covid-19. I have authorised PPE to be released for use by social care providers. Health Boards have been providing PPE to support care centres dealing with suspected or confirmed Covid-19 cases. This week, we will be enhancing those arrangements by putting in place a contingency plan for social care access to PPE through local

authorities' Directors of Social Services and also put in place arrangements to monitor the use of PPE and top up these supplies when needed.

"I appreciate that there are and will be continuing issues concerning personal protective equipment and healthcare supplies. I want to make three further points:

"The re-supply timeframe in respect of some of our PPE is uncertain. We must, therefore, use the stock we have efficiently and appropriately until resupplies become more certain. We have a health countermeasures group in place, including Shared Services that is networking at a UK level to ensure that these essential supplies continue to be accessed.

"We also need to ensure that the access to this PPE stock is reserved for the use of our frontline healthcare staff and that those staff have the appropriate infection control guidance to provide the personal protection that provides the fundamental basis for the use of PPE. Where voluntary bodies are helping the NHS or social services in caring for suspected or confirmed Covid-19, those bodies should be able to access the appropriate PPE by making contact with the NHS or local authority organisation they are supporting.

"Finally, to provide reassurance and support our healthcare organisations, I have asked that a hotline telephone and email contact is provided to the Welsh Government Emergency Co-ordination Centre. This can be used in an emergency where PPE supplies have been disrupted or there has been an unplanned and unforeseen surge in use. This line should not be needed but will be put in place and operate seven days a week."

## Community Foundation Wales launch Coronavirus Resilience Appeal

**COMMUNITY Foundation Wales has launched the Wales Coronavirus Resilience Appeal, and money raised through the appeal will fund charities, community groups and not for profit organisations working in Wales, who provide activities for vulnerable groups.**

It will also support organisations who are adapting the way they work to respond to the rapidly changing needs in their communities.

Community Foundation Wales is launching the fund with an initial £200,000.

To ensure the funding goes to where it's really needed, they are urgently consulting with the Welsh third sector to assess their immediate and ongoing needs and ensure that funding reaches the communities that need the most help, as quickly as possible.

Richard Williams, Chief Executive of Community Foundation Wales said: "This virus is an exceptional event that is already having a huge impact on many of the charities and community groups across Wales. We know that these groups are going to be stretched thin.

"Thousands of people are having to self-isolate and will face loneliness through missing out on

regular social interaction. We also know that charities and community groups are going to have to change very quickly the way in which they work to ensure people have the support they need.

"This situation is changing rapidly. We urgently wanted to get a fund in place to support people in Wales and give people who have been enquiring about what they can do to help a place to go. Philanthropy has an important role to play in supporting and enhancing the government response, especially in support of our most vulnerable communities. We have seen in numerous appeals that people in Wales really do care about where they live and will want to ensure that those hardest hit are supported."

People and businesses are urged to consider giving to this urgent appeal by donating online.

To ensure the best possible support for people in Wales, they are also partnering with The National Emergencies Trust (NET), who have launched a UK-wide appeal.

Community Foundation Wales, along with other community foundations across the UK, will work with NET to ensure the funding reaches those who need it most.

See [www.communityfoundationwales.org.uk](http://www.communityfoundationwales.org.uk) for further information.

## Funeral collection helps RNLI



**LYNNE Bolton, Valerie Weir and Pauline Todd were welcomed to Barry Dock RNLI lifeboat station on March 11, when they presented the coxswain Martin Bowmer with a pair of Steiner binoculars, bought with money raised at the funeral of Phil Weir.**

Phil passed away last year and almost £900

was raised from donations at his funeral. Martin Bowmer said that without the generosity of the public, it would not be possible for the RNLI to carry out its role.

Phil's father David Weir had been crew on Barry Dock's Arun class lifeboat, and his family have always supported the RNLI. Phil (also known as Oodle) was well known locally for DJing the Old Record Club around local pubs.

## Specsavers stores to stay open for essential care

**THE UK's largest opticians and audiologists, Specsavers, has suspended all routine testing for the foreseeable future to focus on essential and urgent care only.**

CEO John Perkins said: "We may be closing our stores for business as usual, but will remain open for care, particularly for key workers. Our desire is to continue to provide essential and urgent services to the communities we serve, as well as online and telephone advice for those who need it.

"Guaranteeing the safety and wellbeing of our customers and our colleagues has to be our priority, so we will only open if it is safe to do so and in compliance with the Government's strict new guidelines."

Each Specsavers store is owned by independent

partners who make decisions locally in their community, including their opening hours, which may be influenced by their own or their team's personal situation during this crisis.

Customers will need to phone their local store for advice and to be assessed on the level of care that they might need, with the only exception being key workers who may need Specsavers' help.

"They are very welcome to walk in to one of our stores to seek immediate advice," said Mr Perkins.

A range of services, such as home delivery of glasses, contact lenses and hearing aid batteries, is available for those customers who do not require urgent care. Glasses and contact lenses can also be purchased online for customers with a current prescription.

Specsavers recommends checking its website or calling the local store for details.



# Calum is a trail-blazer in Aussie Rules Football

**IT'S** stating the obvious to say that sport is taking a back seat at the moment, and it's even more obvious that there are much more serious things to be concerned about.

However, everybody must be looking forward to the time when the pandemic has passed and life can return to normal.

And normal means everyday people setting goals and busting a gut to achieve them.

It's that way at the moment for Calum Newman, a photographer from Barry, who is approaching the end of a nine year journey to represent Great Britain at Australian Rules Football.

Aussie Rules is a pretty fierce mix of football and rugby, and it may surprise people that it is played in Wales and the rest of Great Britain.

It may be a touch under the radar, but Calum is a seasoned Welsh international and he had hoped to hit the peak of his sporting career when he was selected for the Great Britain team to play in the World Championships in the home of the sport

- Australia.

That World Cup was scheduled for May and June but, for obvious reasons, it has been pushed (provisionally) back to July.

Calum's Aussie Rules journey started in 2011, when he joined the Vale Warriors, a team created in Barry by Nick Backer.

Calum told The Gem: "In 2013, the team folded due to lack of numbers, so I moved to Cardiff Double Blues, but unfortunately they had a similar problem, and in 2014, I began playing for Cardiff Panthers."

"After one season, AFL became a huge part of my life. I have played many sports, team and individual, but apart from mountain biking, nothing really gave me that buzz."

"In 2016, I represented Wales for the first time in Lisbon, in the Euro Cup; this was amazing. The level of play was much higher, and I loved it."

"I have been to every Euro Cup since and love playing for Wales. It was in 2017 at the end of the Euro Cup in France that Dean Thomas, the head coach of Great Britain Bulldogs, invited me to train with them."

At this point, the GB squad were building

up for the European Championship in 2019.

Wales had two Cardiff Panthers players, David Saunders and Owain Ryland, in the GB squad. It was up to Calum to get up to standard by then, along with two other Welsh players, Oliver Rees and Joe Lloyd.

To gain the experience, Calum began to play in the London League as well to gain 18-a-side experience, as in Wales they only play nine-a-side. Calum's first game was for the Raiders, and in that game he found a bigger passion for the sport.

He continued: "I joined Owain, Oliver and Joe in the European Championship 2019 in London, this was my first proper international cap for GB."

"We played France, Croatia, Ireland then took the win against Denmark (Danish Vikings). As a result of that win, Great Britain are on their way to the International Cup 2020, on the Sunshine Coast, Australia."

"I have been selected and will be going with three other Welsh boys, Oliver, Owain and Joe."

"We are trying to raise money to help us on our way to Australia as it is a self-funded trip."



Calum kicks during a game.  
(Image by Danny Radis Photography).



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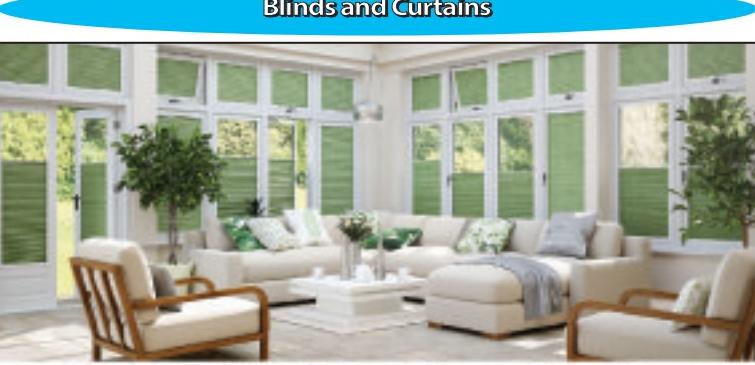
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## Family Notices

**JAMES  
Barbara**

Peacefully on 16th March at home with her loving family around her bedside - Barbara, beloved wife to the late Cyril. Much loved mum and mum-in-law of Allison & Thomas, Jonathan & Joanne, Helen & Gary. A cherished nan and great-nan to all her grandchildren.

*She will be so greatly missed by all who knew and loved her.*

Resting in the care of Lyndsay Ellis @ The Vale Funeral Service, Court Road, until a private family service at Cardiff & Glamorgan Crematorium, Barry on Monday, 30th March at 1pm.

Family flowers only. Donations may be made at the service to support Marie Curie Hospice, Penarth in memory of Barbara.

**WRIGHT  
Gladys Ivy**

Peacefully on 7th March at Llandough Hospital - Gladys, beloved wife of the late Kenneth. Much loved mum of Julie and Stephen. Respected mother in law of Angelo and Christine. Cherished nan and great nan to all her grandchildren.

*She will be dearly missed by all her family and friends.*

Resting in the care of Lyndsay Ellis @ The Vale Funeral Service, Court Road, Barry until her service at Cardiff & Glamorgan Crematorium for family and close friends on Wednesday, 1st April at 10am. Family floral tributes only. Donations, if desired, may be made at the service to support CancerResearch Wales in memory of Gladys.

**YEANDLE  
Beryl Maud**

Passed away peacefully on 18th March at Cartref Care Home, aged 102 years. Beloved wife of the late Bert. Loving mother of Robert, Lindsay, Dawn and Mary and mother-in-law to Philip and the late Elizabeth. Cherished grandmother to Christopher and Rachel and her great-grandchildren and great-great-grandchildren. Adored sister to Moi and Dilys.

*Beryl will be sadly missed by all her family and friends.*

Resting at A.G. Adams Funeralcare until the service on Wednesday, 1st April at 4pm at Cardiff and Glamorgan Crematorium, Barry.

**JONES  
Richard Alfred  
'Richie'**

Peacefully on 22nd March at home, surrounded by his loving family - Richie, well known of Barry Town Football Club, Barry College of Further Education and Vale of Glamorgan Junior Football (St David's). Devoted husband to Barbara, much loved dad of Steven, Robert and Gareth. Special father-in-law of Suzanne and Alex. Cherished grandad of Kilee, Thomas, Chloe, Ben, Stephanie and Matthew. Loving brother of David and the late Evan.

*Richie will be greatly missed by all who knew and loved him.*

Resting in the care of Lyndsay Ellis @ The Vale Funeral Service, Court Road, Barry until his Private Family Graveside service at Barry Cemetery on Thursday, 9th April at 12 noon. Family flowers by request.

**PICKERING  
Christopher**

Sadly passed away on Tuesday, 10th March at the UHW, aged 78 years. Loving husband to Jean.

*Christopher will be sadly missed by all his family and friends.*

Resting at Park Funeral Directors Barry until his Funeral on Thursday, 2nd April.

However due to the current epidemic numbers allowed at the funeral are limited, therefore only the closest family members can attend. The safety of all Christopher's family, friends and funeral staff is paramount.

The family will have a Memorial service later in the year where you will have the chance to enjoy your memories together we will let you know when this will take place.

No flowers please by request of the family, however, donations are welcome in memory of Christopher to Cross Ways Church.

**MCDONALD  
Lynn (Mac)**

Very suddenly, after a short illness borne with bravery and humour, Lynn, dearly beloved husband of Gail, devoted father of Simon and Jayne, and their partners Amanda and Dave, and doting Toppy of Amber and Paige, and brother to Ian.

Funeral to be held Thursday, 26th March, 2pm at the Cardiff and Vale Crematorium, but due to Corona Virus the funeral has to be private, immediate family only.

**HANSON  
George**

George passed away peacefully on Friday, 20th March with his wife and girls by his side.

*George will be greatly missed by all who knew him.*  
Later in the year a memorial will be held to celebrate George's life.

Our grateful thanks to all the staff at Brocastle Manor Care Home for their outstanding love and care they showed George - we will be eternally grateful to you all.

Brenda, Gail and Deborah.

**SHIER  
Godfrey 'Goff'**

Sadly passed away on Monday, 9th March in the Marie Curie Hospice Penarth.

*Dad will be sadly missed by all his family and friends.*

Resting at Park Funeral Directors, Barry until his Funeral on Monday, 30th March.

However due to the current epidemic numbers allowed at the funeral are limited, therefore only the closest family members can attend. The safety of all dad's family, friends and funeral staff is paramount. Consequently there will not be a wake. No flowers please but donations to the Marie Curie Hospice would be gratefully received.

## Acknowledgement

**LONG  
Hilda**

The family would like to thank all family and friends for supporting us following the passing of our mother, Hilda Long.

Many were unable to attend the funeral due to the extraordinary challenges facing us at the moment and we thank them all for the condolences, good wishes and kind messages we received during this difficult time.

Special thanks to the Doctors, District Nurses, Staff at Cowbridge Health Centre, the Reverend Stephen Adams and W. H. Preene & Son, Funeral Services.

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## Anniversary

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# Dog of the Week



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For more information on Lexie, visit the Dogs Trust Rehoming Centre in Bridgend, CF31 4NG; call on 01656 338745 or visit [www.dogstrust.org.uk](http://www.dogstrust.org.uk).

## Keep calm, and read on!

**GRIFFIN Books in Penarth trialled its first virtual Book Club meeting on March 19.**

The shop has been holding a regular monthly Book Club since it opened more than five years ago and rather than cancel last week's session, they decided to go virtual.

Following the latest government guidelines on containing the spread of Covid-19, Griffin Books has now temporarily closed its doors and cancelled all physical events in March and April, including author visits from Joanne Harris, Stephen Moss and Alexander McCall Smith.

Owner Mel Griffin said: "We are trying to be as creative as possible and are aiming to move some of our regular activities online. We held our first

'Virtual Book Club' meeting last week, with 10 Book Club members connecting via videoconferencing to discuss this month's read, and I'm pleased to say that it worked brilliantly."

"As well as enabling us to continue existing regular activities using technology to replace in-person gatherings, we see opportunities to introduce new ideas to support our community during this difficult time, for example virtual book chat sessions, recorded Storytime, live online events, and more."

The shop hopes to use the same format for their lively Children's Book Club for 8-12 year olds.

If you would like to receive details about forthcoming virtual literary events, sign up to the Griffin Books newsletter via their website: [www.griffinbooks.co.uk](http://www.griffinbooks.co.uk).

## Take off for Cardiff Airport's project to become carbon neutral

**SINCE launching its Environmental Flight Path in September 2019, Cardiff Airport has achieved a number of milestones in its journey to becoming a carbon neutral airport.**

The airport has strengthened its commitment to greener travel by launching a pool car scheme earlier this month. In partnership with Days Leasing, staff can now use an electric powered zero emissions Nissan Leaf vehicle to travel between sites in a cost- and carbon-efficient manner. To support this, a new electric vehicle charging point has been installed near the main terminal.

Since signing up to the Healthy Travel Charter in October 2019, the airport has encouraged a more eco-friendly commute by introducing a cycle-to-work

scheme for staff, engaging with local public transport providers such as the Traws Cymru T9 bus to provide staff discounts, and installing on-site electric vehicle charging points for airport team members. Chargers are also available for customers in the Meet and Greet car park.

The airport is continuing to improve the customer experience in an environmentally conscious way through the installation of 14 desks and kiosks 'upcycled' from Heathrow Terminal 1 and refurbished for use at Cardiff Airport from March 2020.

Since implementing a new waste management strategy in partnership with Smiths Gloucester Ltd, the airport is making strides in improving its recycling, and has already achieved zero waste to landfill. Cardiff Airport is also committed to combining its green efforts with

supporting the local community: in the past month, Cardiff Airport has supplied over 500kg of compost generated from the on-site Food Rocket to the nearby Ceri Road allotments in Rhoose, helping the local community grow fresh fruit and vegetables.

The airport has also worked with the eco committee at Pendoylan Church in Wales Primary School on their environmental project, helping them to produce an animated video about the airport's Environmental Flight Path.

Mark Bailey, Director of Planning and Development at Cardiff Airport said: "I'm extremely proud of what we have achieved since launching our Environmental Flight Path last year. The team have worked really hard to drive forward environmental initiatives that are key to achieving carbon neutral status.

## Club honours long-serving officers



**THE Probus Club of Penarth was set to hold its Annual General Meeting on March 17, but due to the coronavirus situation, this was postponed until a suitable future date.**

President Alun Daniels was scheduled to make special presentations at the meeting to two long-serving officers, Graham Crimp MBE and Val Kacal, in recognition of their invaluable contribution to the club.

Rather than delay the presentations, the President arranged for them to be carried out at the home of Graham Crimp.

Graham Crimp was presented with a special certificate in recognition of his exceptional work as the Honorary Treasurer of the club for 20 years. Due to ill health, he has had to stand down from that position but his contribution over the years is very

much appreciated by all members.

Val Kacal was also presented with a special certificate in recognition of his exceptional work as the Honorary Secretary of the club for more than 10 years. His health has also meant that he had to stand down from this position, but will continue as the club's Events Organiser.

As with Graham, all members very much appreciate Val's long-serving contribution to the club but also look forward to his ongoing organisation of events such as special lunches for the members.

As is customary on such special occasions, Graham and Val were also presented with a bottle of whisky each.

New members are always welcome to join Probus; it is open to both retired and semi-retired men of any age. Anyone interested in joining Probus should contact Gareth Price on 02920 532 793.

We are especially proud that 100% of our electricity comes from renewable sources, and that we have reduced our emissions by over 50% over the past eight years."

The airport's green achievements to date include: a reduction of 53% in carbon emissions over eight years; natural gas consumption has been reduced by 29% over one year; electricity consumption has been reduced by 7% over one year.

Since October 2019, 100% of the airport's electricity supply is sourced from renewable and clean sources. They have replaced equipment with modern, more energy efficient technology; replaced light fittings with LED and energy efficient solutions; Air Traffic Control uses continuous descent operations for aircraft on approach, which reduces the impact of

noise; the ground-running of engines during anti-social hours has been restricted; twin engine aircraft are encouraged to taxi with one engine.

In addition, an environmental officer has been recruited and an extensive audit of Cardiff Airport's environmental management system has led to the fourth consecutive achievement of the BS 8555:2003 Seren Standard accreditation towards legal compliance, environmental performance and continued improvement.

Future plans include updating the airport's Climate Change Adaptation Report, continuing to work with all partners to further reduce plastic use and the commissioning and installation of a solar PV farm on the airport site.



# Former Cardiff City football star dies after fall in Barry pub

**FORMER** Cardiff City midfielder Peter Whittingham has died after a fall earlier this month, police have revealed.

The 35-year-old suffered a head injury after an accidental fall at a pub in Barry at around 10pm on March 7.

South Wales Police revealed Mr Whittingham, from Penarth, died at the University Hospital of Wales in Cardiff and a file was being prepared for HM Coroner.

Cardiff City said in a statement on its website: 'It is with an immense amount of sorrow that we must inform supporters that Peter Whittingham has passed away at the age of 35.'

'We are heartbroken. The news of Peter's sudden and untimely passing has shaken us to our very foundation.'

'Our love goes out to his wife Amanda, their young son, and family.'

'They are at the forefront of our thoughts and, on their behalf, we ask for their privacy to be respected at this unfathomably cruel and difficult time.'

The statement added: 'First and foremost, Peter was a family man - and somebody who could light up a room with his sense of humour, warmth and in 2018.'

personality. Then, as a professional footballer – as a Bluebird – he excelled with talent, ease, grace and humility. Nobody did it better.

The loss of Peter will be painfully felt by our city, supporters and indeed all who ever had the pleasure of knowing him.

'We love you Pete and your memory will eternally stay with us.'

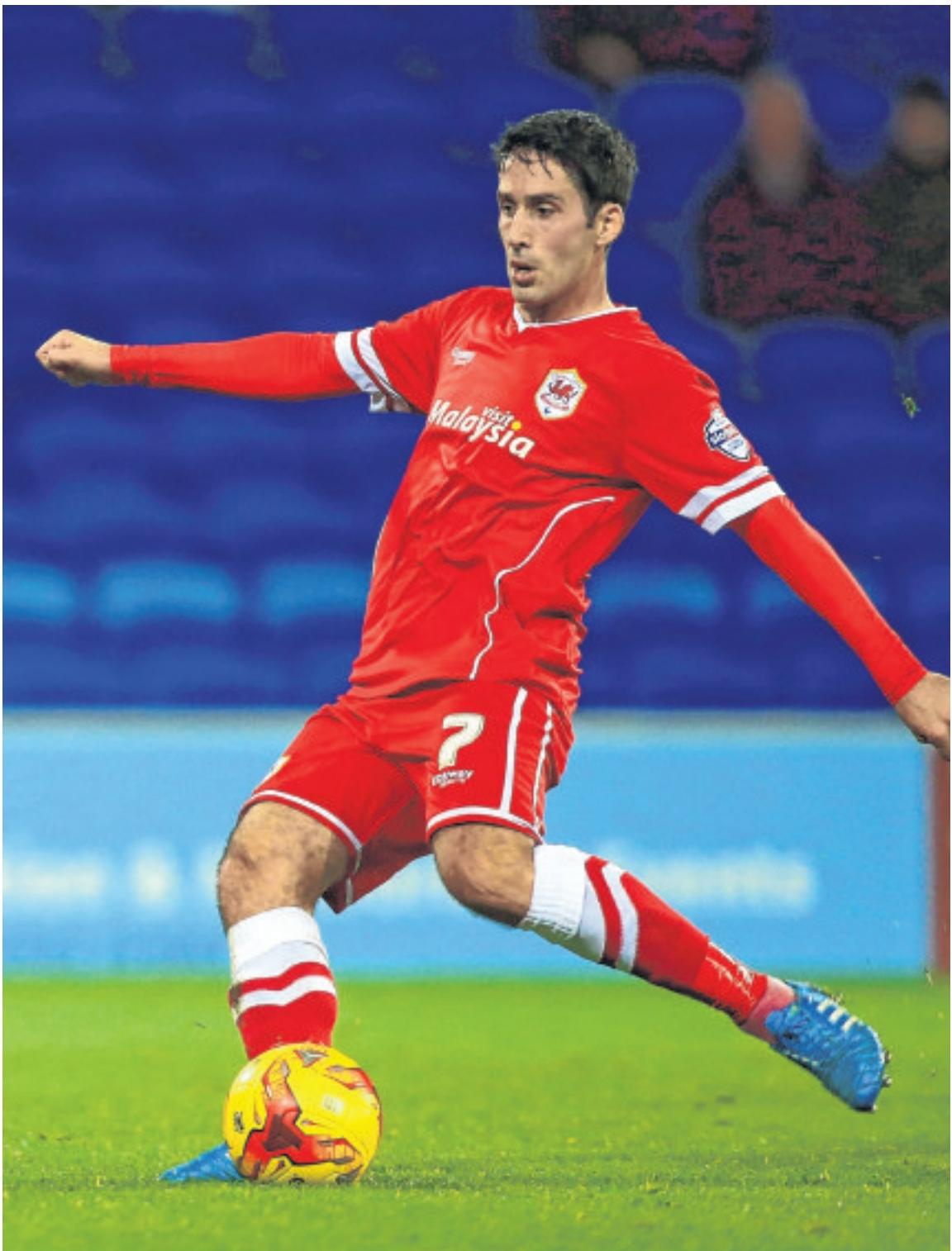
The former England Under-21 international had been at the University Hospital of Wales in Cardiff since the accident nearly two weeks ago.

Nuneaton-born Whittingham began his career at boyhood club Aston Villa and was part of the club's 2002 FA Youth Cup-winning team.

He played 66 games for Villa and had loan spells at Burnley and Derby before joining Cardiff in 2007.

Whittingham played in two major cup finals – the FA Cup final in 2008 and Carling Cup final in 2012 – and won a Championship winners' medal in 2013 as Cardiff were promoted to the Premier League.

He made over 450 appearances and scored 98 goals in 10 years at Cardiff before finishing his career at Blackburn in 2018.



*Footballer Peter Whittingham, pictured left and above, died after a fall at a pub in Barry on March 7.  
Photos credited to Nick Potts/PA Wire*